

## **T-ACE**

**(T = tolerance    A = annoyed    C = cut down    E = eye-opener)**

The T-Ace questions take approximately one minute to ask and represent the first validated sensitive screen for risk-drinking appropriate for routine use in obstetric-gynecologic practice.

Scoring: T = 2 points,    A = 1 point,    C = 1 point,    E = 1 point.

A total score of 2 or more indicates positive screening.

- T      How many drinks does it take to make you feel high (TOLERANCE)?
- A      Have people ANNOYED you by criticizing your drinking?
- C      Have you felt you ought to CUT DOWN on your drinking?
- E      Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (EYE-OPENER)?