

## RED FLAGS FOR ALCOHOL/DRUG ABUSE

### Observable

1. Tremor/perspiring/tachycardia
2. Evidence of current intoxication
3. Prescription drug seeking behavior
4. Frequent falls; unexplained bruises
5. Diabetes, elevated BP, ulcers; non-responsive to treatment
6. Frequent hospitalizations
7. Inflamed, eroded nasal septum
8. Dilated pupils
9. Track marks/injection sites
10. Gunshot/knife wound
11. Suicide talk/attempt; depression
12. Pregnancy (screen all)

### Laboratory

- |                     |                                  |
|---------------------|----------------------------------|
| 1. MCV - over 95    | 6. Triglycerides - High          |
| 2. MCH - High       | 7. Anemia                        |
| 3. GGT - High       | 8. Positive UA for illicit drugs |
| 4. SGOT - High      |                                  |
| 5. Bilirubin - High |                                  |

## QUESTIONS TO ASK PATIENT

- C 1. Have you ever felt you should **Cut Down** on your drinking or drug use?
- A 2. Have people **Annoyed** you by criticizing or complaining about your drinking or drug use?
- G 3. Have you ever felt bad or **Guilty** about your drinking or drug use?
- E 4. Have you ever had a drink or drug in the morning (**Eye Opener**) to steady your nerves or to get rid of a hangover?
5. Do you use any drugs other than those prescribed by a physician?
6. Has a physician ever told you to cut down or quit use alcohol or drugs?
7. Has your drinking/drug use caused family, job or legal problems?
8. When drinking/using drugs have you ever had a memory loss (blackout)?