

## Emergency Earthquake Plan

### STAY CALM AT THE FIRST SIGN OF AN EARTHQUAKE.

Instruct any patients and staff to duck and cover under a sturdy desk, table, or other furniture.

Hold onto it and be prepared to move with it.

Stay clear of windows.

Do not try to use stairs or elevators while the building is shaking or while there is danger of being hit by glass or falling debris.

Do not rush outside or crowd exits.

After the Earthquake, check for any employee or patient injuries.

- A. If person is not breathing, open the airway. If still not breathing, begin rescue breathing.
- B. If person is bleeding put pressure over the wound.
- C. Do not attempt to move seriously injured persons unless they are in immediate danger of further injury.

Immediately clean up any spilled medicines, drugs, or other potentially harmful materials.

Office first aid kit is located \_\_\_\_\_

Flashlights are located (highly recommended) \_\_\_\_\_

Examine the area for fire hazards and call 911 if there is a fire hazard.

Outside meeting place is \_\_\_\_\_

#### Employee Alarm System:

Type of system (please circle or write in): verbal (if 10 employees or less), fire pull, alarm button or pull string in each room, code words, distinct sound/signal (silent alarm, paging system), panic button, and/or other \_\_\_\_\_.

**APPROVED BY:** Dr. \_\_\_\_\_ **Date:** \_\_\_\_\_