COMPREHENSIVE PERINATAL SERVICES PROGRAM

Prenatal Combined Assessment / Reassessment Tool

	Initial / 2nd Trimester / 3rd Trimester / (1st OB) Date Weeks Date Weeks (28 weeks-Delivery) Date Weeks
	s Prenatal Combined Assessment /Reassessment Tool has received California State Department of Health Services approva MAY NOT BE ALTERED except to be printed on your logo stationery.
Pat	ient Name:Date Of Birth:
Hea	alth Plan:Identification No.:
Pro	vider:Location:
Cas	se Coordinator/Manager: EDC:
	OB High Risk ndition:
	rsonal Information
1.	Patient age: Less than 12 years 2 12-17 years 2 18-34 years 35 years or older
2.	Are you: Divorced/Separated Divo
3.	How long have you lived in this area? yrs./mos. Place of birth:
4.	Do you plan to stay in this area for the rest of your pregnancy? Yes No
5.	Years of education completed: • 0-8 years • 9-11 years • 12-16 years • 16+ years
6.	What language do you prefer to speak:
7.	What language do you prefer to read:
8.	Which of the following best describes how you read: Like to read and read often Can read, but read slowly or not very often Do not read
9.	Father of baby: (name) His preferred language: Education: Age:
10.	Was this a planned pregnancy? Yes No
11.	How do you feel about being pregnant now? 0-13 wks: Good Troubled, please explain: 14-27 wks: Good Troubled, please explain: 28-40 wks: Good Troubled, please explain:
12.	Are you considering (circle)adoption/abortion? INO II If Yes, Do you need information/referrals? No Yes
13.	How does the father of the baby feel about this pregnancy? Your family? Your friends?

Economic Resources

14. a) Are you currently working or going to	school?	🖵 Yes - ty	pe & hr/wee	k:	Ca	al Learn?	Yes No		
b) Do you plan to work or go to school	How long?	No							
c) Do you plan to return to work or go t	o school after	the baby is b	orn?	Yes type	:		□_No		
 15. Will the father of the baby provide financial support to you and/or the baby? Other sources of financial help? 									
16. Are you receiving any of the following? (check all that apply)									
	<u>0-13</u>	<u>3 wks:</u>	<u>14-27</u>	7 wks:	28-40) wks:	Referral Date		
	Yes	No	Yes	No	Yes	No			
a. WIC									
b. Food Stamps									
c. AFDC/TANF									
d. Emergency Food Assistancee. Pregnancy-related disability	_	—		_					
insurance benefits									
f. Other:									
0-13 wks: 14-27 wks: 28-40 wks: Yes No Yes No Clothes Image: Clothes Image: Clothes Image: Clothes Image: Clothes Food Image: Clothes Image: Clothes Image: Clothes Image: Clothes Image: Clothes Food Image: Clothes Image: Clothes Image: Clothes Image: Clothes Image: Clothes Food Image: Clothes Image: Clothes Image: Clothes Image: Clothes Image: Clothes Image: Clothes Food Image: Clothes Food Image: Clothes									
Hotel/Motel Farm Worker Any Changes? No	Camp		gency Shelte			other:			
14-27 wks:No:I toiletI stove28-40 wks:No:I toiletI stove	e/place to cook e/place to cook e/place to cook	∠ □ tub/s	hower	electricity electricity	Ì refrig. ⊭ Ì refrig. ⊭ Ì refrig. ⊭	hot/c	-40 wks cold water ☐ phone cold water ☐ phone cold water ☐ phone		
20. Do you feel your current housing is ade	quate for you	? 🗋 Y	es 🖵 No,	, please explai	n:				
21. Do you lee your home is safe for you and your children? Yes 0-13 wks Yes 14-27 wks Yes 28-40 wks Image: No									
22. If there are guns in your home, how are									
23. Do any of your children or your partner				□ N/A	🖵 No				
					ie				
				Health I	Plan:				
				i lealui i					

Transportation

24. Will you have problems keeping your appointments/attending classes?)-13 wks: 🔲 No 14-27 wks: 🔲 No 28-40 wks:
☐ Yes 0-13 wks: ☐ Transportation ☐ Child care ☐ Work ☐ Sch	
Yes <u>14-27 wks:</u> Transportation Child care Work Sci	
Yes <u>28-40 wks:</u> Transportation Child care Work Sch	nool 🖵 Other:
25. When you ride in a car, do you use seatbelts?	netimes Always
26. Do you have a car seat for the new baby? 0-13 weeks: Yes No 14-27 weeks: Yes No	28-40 weeks: Yes No
27. How will you get to the hospital? 14-27 weeks:	28-40 weeks:
Current Health Practices	
28. Do you know how to find a doctor for you and your family?	No, explain:
29. Do you have a doctor for your baby? <u>14-27 wks:</u> Yes No <u>28-40</u>	wks: Yes No Who?
30. Have you been to a dentist in the last year? TYes TNO Any dental	problems? I No I Yes, please describe:
31. On average, how many total hours at night do you sleep? <u>0-13 wks:</u>	<u>14-27 wks: 28-40 wks:</u>
On average, how many total hours do you nap in the day? <u>0-13 wks</u> :	14-27 wks: 28-40 wks:
32. Do you exercise? I No Yes, what kind? how of	en? minutes/day days/week
33. Are you smoking/using chewing tobacco now? ∠ □ No <u>0-13 wks</u> □ N	o <u>14-27 wks</u>
0-13 wks: If Yes, for how many years? how much per day?	Have you tried to quit?
	it during this pregnancy?
28-40 wks: If Yes, how much per day? have you tried to qu	it during this pregnancy?
34. Are you exposed to second-hand smoke? <i>L</i> at home? No Yes	at work? No Yes
35. Do you handle or have exposure to chemicals? (examples: glue, bleach, ammonia	a, pesticides, fertilizers, cleaning solvents, etc.)
0-13 wks: (circle) At work - home - hobbies?	
<u>14-27 wks:</u> (circle) At work - home - hobbies? No Yes,	
28-40 wks: (circle) At work - home - hobbies? INO Yes,	
36. In your home, how do you store the following? \Box Vitamins:	
Medications:	ents:
	Pt. Name
	Date of Birth
	Health Plan:

Identification No.: ____

37.	Are you taking any prescription, over-the-counter, herbal or street drugs?	
	■ None <u>0-13 weeks</u> ■ None <u>14-27 weeks</u> ■ None <u>29-40 weeks</u> Examples : Tylenol [→] , Tums [→] , Sudafed [→] , laxatives, appetite suppressants, aspirin, prenatal vitam	nins iron alleray medications Aldomet [→]
	Prozac ⁻ , ginseng, manzanilla, greta, magnesium, yerba buena, marijuana, cocaine, PCP, crack, sp	
	☐ Yes, <u>0-13 weeks</u> :	
	❑ Yes, 14-27 weeks:	
	☐ Yes, <u>28-40 weeks</u> :	
20	Lieu much of the following do you drink not dou? (4	
38.	How much of the following do you drink per day? Water Milk Coffee Punch, Kool-Aid, Tang Soda	Juice Decaf Coffee Diet Soda Herb tea
		ard Liquor Mixed Drinks
	14-27 wks: Has this changed?	
	28-40 wks: Has this changed?	
39.	If you use drugs and/or alcohol, are you interested in quitting?	0
	Have you tried to quit? Image: Yes Image: No comments:	
Pre	gnancy Care	
40.	Besides having a healthy baby, what are your goals for this pregnancy?	
41.	Do you plan to have someone with you: <u>14-27 weeks:</u>	<u>_28-40 weeks:</u>
	During labor?YesNoUnsureWhen you first come home with the baby?YesNoUnsure	Yes No Unsure
42.	If you had a baby before, where was that baby(ies) delivered?	
	Other: Were there any problems? I No I Yes, ple	
43.	Have you lost any children? INO If Yes, please explain:	
44	Do you have any traditions, customs or religious beliefs about pregnancy?	☐ If Yes, please explain:
45	Does the doctor say there are any problems with this pregnancy?	
	<u>14-27 wks:</u> □ No □ Yes please describe: <u>28-40 wks:</u> □ No □ Yes please describe:	
46.	Are you scheduled for any tests?	
	<u>14-27 wks:</u>	
	Do you have any questions? INO If Yes, what:	
		Pt. Name
		Date of Birth
		Health Plan:
		Identification No.:

47.	Have you ex If Yes, check Edema (swe Diarrhea Constipation Nausea/vom Leg cramps of Hemorrhoids Heartburn Vaginal Blee Varicose veir Headaches Backaches Abdominal co Other:	t box: Iling of hands iting L iting L iting ns ramping/cont	s or feet) 🕊	discomforts during th 0-13 wks: 0 0 0 0 0 0 0 0 0 0 0 0 0	nis pregnancy? <u>14-27 wks:</u>	Oth	28-40 wk	<u>s:</u>		
48.	In comparison to your previous pregnancies, is there anything you would like to change about the care you receive this time?									
49.	Who has giv	en you the m	nost advice about	your pregnancy?						
50.	What are the	e most impor	tant things they ha	ive told you?						
51.	Are you plan		birth control after t							
	<u>14-27 wks:</u>	No		If Yes, 🖵 what met				A 1 <i>1</i>		
	(circle)		ontrol pills and/or condoms	Diaphragm Natural family	Norplant	IUD Tubal/Vas	ectomy	Abstinenc Depoprov		
		T Oanna		Natural lanniy	planning	Tubali Vas	sectomy	Бероріо		
	<u>28-40 wks:</u>	🖵 No	Undecided	lf Yes, 🖵 what met	hod?					
	(circle)		ontrol pills	Diaphragm Natural family	Norplant	IUD		Abstinen		
		Foam	and/or condoms	Tubal/Vas	sectomy	Depoprov	vera			
52.	2. Your current or past behaviors, or the current or past behaviors of your sexual partner(s) may place you at risk for being /									
	becomine	g infected wit	th HIV, the virus w	hich causes AIDS. S	Since 1979 have you or any	y of your se	xual partner	s):		
		all that apply				self	partner(s)	unknown	no	
			han one partner?							
			one you/they didn't		ohilis, gonorrhea, or other					
			nitted infections?	ula, gerillar warts, sy	Shins, gonormea, or other					
			one who used drug							
		patitis B?								
	Shared	needles?								
	Had a blood transfusion since1979?									

Is there any other reason you think you might be at risk for HIV/AIDS? 🛛 No 🛛 If Yes, please explain:

Pt. Name
Date of Birth
Health Plan:
Identification No.:

	Change in H	IV risk stat	us? <u>14-27 weeks:</u>	🖵 No	🖵 Yes,	what?	
			28-40 weeks:	🖵 No	🖵 Yes,	what?	
53.	Have you bee	n offered c	ounseling/information or	the benefits	s of HIV testi	ng and bee	n offered a blood test for HIV?
	<u>0-13 wks:</u>	🖵 No	(Refer to OB provider)			
	<u>14-27 wks:</u>	🖵 No	(Not applicable if previou	s Yes answer)		

	(Not applicable if previous Yes answer)
🖵 No	(Not applicable if previous Yes answer)

☐ If Yes, do you have any questions?

Educational Interests

<u>28-40 wks:</u>

54. If you have had experience or received education/information in any of the following topics check Column A. If would you like more information check Column B.

ТОРІС		WKS	14-27 WKS		28-40	WKS	Educational Materials Provided		als Provided
	Α	В	Α	В	Α	В	Date	Code*	Initials
How your baby grows (fetal development)									
How your body changes during pregnancy									
Healthy habits for a healthy pregnancy/baby									
Assistance with cutting down/quitting smoking									
Assistance with cutting down/quitting alcohol or drugs									
What happens during labor and delivery									
Hospital Tour									
Helping your child(ren) get ready for a new baby									
How to take care of yourself after the baby comes									
Breastfeeding									
How to take care of your baby/infant safety									
Infant development									
How to avoid sexually transmitted infections/HIV									
Circumcision									
* Teaching Codes: A = Answered questions W = Written material provided		E = Explained verballyV = Video shownS = Visual aids shownI = Interpreter used					d		
55. Is there anything special you would like to learn	n?	🖵 No		Yes, wł	nat?				
 56. How do you like to learn new things? Read Talk one-on-one Group education/classes Watch a Video Pictures and diagrams Being shown how to do it Other: 									
57. Will someone be able to attend classes with yo	ou?		lo	🖵 Yes,	who?				
58. Do you have any physical, mental, or emotional hearing or vision problems that may affect the				arning di I No	sabilitie		ntion Defic	it Disorder	, depression,

Pt. Name
Date of Birth
Health Plan:
Identification No.:

Nutrition - A copy of this pa	ige should l	be sent wit	th the client	t to WIC	Date			
Anthropometric: EDC:		WKS GA		Heigh	ıt:	Curre	ent weight :	
59. Weight gain in previous pregna	ancies:	1st:	🖵 Un	known	2nd:	U 🖵 U	nknown	🖵 N/A
	<u> </u>	Recommen	ded weight	<u>t gain durin</u>	g pregnancy	(check one	e)	
60. Prepregnant weight:	lbs. 📮 f	for underwei	ght women 2	28-40 lbs.	for normal	weight wome	n 25-35 lbs.	
61. Net weight gain:	lbs. 📮 f	for overweig	ht women 15	-25 lbs	Ger very ov	verweight wor	nen 15-20 lb	S
Adequate	equate	Exe	cessive	<u>ا</u> ۱	Weight loss		Weight grid	plotted
Biochemical Data:								_
62. Urine-Date:	(circle + o	r -) Gluc	ose: +	- Keton	nes: +	- Pro	otein: +	-
63. Blood-Date drawn:	Hgb:	(<10	.5) Hct:	(< 32) MCV:		Glucose:	
Clinical Data:						_		
64. 🔲 None relevant		65. 🗳	Age 17 or I	ess (#1)	66. 🗖	Pregnancy	y interval < 1	yr.
67.	.)	68. 🗳	Multiple Ge	estation	69. 🗖	Currently I	Breastfeedin	g
70. 📮 Dental Problems (#3	.0)	71. 🔲	Serious Inf		72. 🗖	Anemia		
73. Diabetes (circle)	Prepreg	Past pre	eg	Current	preg comm	ents:		
74. U Hypertension (circle)	Prepreg	Past pre	eg	Current	preg comm	ents:		
75. 🛛 🖵 Hx. of poor pregnance	y outcome (e.	.g., preterm	delivery, fetal	/neonatal los	s):			
76. Other medical/obstet	rical problems	s (low birth w	eight, large	for gest. age,	PIH): P	ast:		
Present:								
77. Psychosocial or Health Ed	Jucation Prob	lems: 🖵 E	Eating disorde	er 🖵 P	sychiatric illnes	s (#99)	Abuse	(# 102-106)
Homelessness (#18)		ev. disability		Low educ		Other:		· · ·
Dietary:			(/		(-)			
78. Any discomforts? (#47)	o 🖵 If Yes,	please of	check: 🔲	Nausea	Vomiting	🖵 Swell	ina 🗖 '	Diarrhea
	onstipation	Leg c		Other:	_ • • • · · · · · · · · · · · · · · · ·			
79. Do you ever crave/eat any of th		-	If Yes,		ck 🖵 Dirt	Paint chi	ps 🖵 Cla	21/
	zer Frost	Cornsta		Laundry starc				ay
			_	-	Yes c) Nun			
80. a) Number of meals/day :							s/uay .	
 Who does the following in your Do you have the following in y 		a) buys food		aaak2	b) prepares 】No □ Yes		ratar2	No 🖵
 Do you have the following in y Are you on any special diet? 	•	le) a) s lf yes,	tove/place to please expla			b) refriger		
				anı.				
			ase explain:					
b) Any foods/beverages you a			ves, please					
85. Are you a vegetarian?				_	-			
	🖵 Alcohol (#3	38) 🖵	Drugs (#37)		bacco (#33)	Secon	dhand smok	(# 34)
Present:				🖵 P				
7. Currently use? (#37)		enatal vitam			Other		_	
Herbal remedies:			ntacids			ther medicine		
8. Any previous breastfeeding ex	perience?	□ N/A	🖵 No 🗖	If Yes, how	long?		L < 1	month
Why did you stop?				_			_	
39. Current infant feeding plans:	Breas	_	reast & Form	_		Undecide	b	
0. Nutrition Assessment Summ		24 hour re			quency (7 days	/	0	
a) <u>Food Group</u>	Servings/ Points	Suggested	Changes	<u>F000</u>	<u>l Group</u>	Servings/ Points	Suggested Changes	1
5.4.4							-	
Protein Milk producto		+ -		Vit. A-rich fr	0		+ -	
Milk products Breads/cereals/grains	+	+ -		Fats/Sweets	reg		+ -	
Vit. C-rich fruit/veg		+ -				red to Regist		an
b) Diet adequate as assesse	ed: 🖵 Ye		c) Exc	essive 🛛	Caffeine (#38)	-		~''
Completed by:						Pt. Name		
Title:		Minutes:				Date of Birth		
Facility:						Health Plan:		
raciiity		i eiepnone						
CPSP Prenatal Combined Assessment	Reassessment	1/08				Identification No.:		

GROUP	FOOD	POINTS NEEDED	SERVINGS/DAY	MAJOR NUTRIENTS
1	PROTEINS	21	3	PROTEIN, IRON, ZINC
2	MILK	21	3	CALCIUM, PROTEIN, VITAMIN D
3	BREADS, GRAINS	49	7	CARBOHYDRATES,
				B VITAMINS, IRON
4	FRUITS/VEGETABLES	7	1	VITAMIN C, FOLIC ACID
5	FRUITS/VEGETABLES	7	1	VITAMIN A, FOLIC ACID
6	FRUITS/VEGETABLES	21	3	CONTRIBUTES TO INTAKE OF
				VITAMINS A & C
OTHER	FATS AND SWEETS	N/A	3	VITAMIN E

Refer to Protocols for instructions on completing the dietary assessment using the point system above.

90. (continued)

14-27 weeks:

28-40 weeks:

a) <u>Food Group</u>	Servings/ Points	Suggested Changes			a) Food Group	Servings/ Points	Suggested Changes		d	
Protein		+	-		Protein			+	-	
Milk products		+	-			Milk products		+	-	
Breads/cereals/grains		+	-			Breads/cereals/grains		+	-	
Vit. C-rich fruit/veg		+	-			Vit. C-rich fruit/veg		+	-	
Vit. A-rich fruit/veg		+	-			Vit. A-rich fruit/veg		+	-	
Other fruit/veg		+	-	-		Other fruit/veg		+	-	
Fats/Sweets		+	-		Fats/Sweets			+	-	
b) Diet adequate as ass	essed:		b) Diet Adequate as ass	essed:	Yes		l No			
c) Excessive: 🖵 Caffeine (#38)						c) Excessive:	Caffeine	(#38)		
Referred to Regist	ered Dietitian		Referred to Registered Dietitian							

<u>14-27 wee</u>	eks:	Date:					Date:	Date:				
Anthropometric: E	Biochemical:			Anthropometric: BP:			Bioch	Biochemical:				
Weight:		<u>Urine:</u> Glu	icose:	-	+	Weight:			Urine:	Glucose	e: -	+
Net wt. gain:	(61)	Pro	otein:	-	+	Net wt.		(61)		Proteir	n: -	+
Adequate		Ke	tones:	-	+	🖵 Adequ	uate			Ketone	es: -	+
Inadequate	<u>Blood dr</u>	awn: date:				🖵 Inade	quate <u>E</u>	<u>Blood d</u> rawn:	date:			
Excessive	Hgb:	_ Hct:	MC	CV:		Exces	sive C	Glucose	Hgb:	_Hct:	_ MCV: _	

91. 🗳 3 Hr GTT: Fasting: _____ 1 Hr: _____ 2 Hr: _____ 3 Hr: _____ N/A (1 Hr < 140 dl/ml.)

Pt. Name
Date of Birth
Health Plan:
Identification No.:

92.	Are you on any special diet?	14-27 weeks:	🖵 No	🖵 lf Y	es,	please exp	lain:				
		28-40 weeks:	🖵 No 🔄 If Y		es,	please explain:					
93.	Have your eating habits change	d since you've been	pregnant?								
	<u>14-27 wks:</u> 🖵 No 🖵 If Yes, how	: 🛛 🖬 Eat more:	Vege	etables	Fruit	Protein	Milk	Bread	Other:		
		Eat less:	Vege	etables	Fruit	Protein	Milk	Bread	Other:		
	<u>28-40 wks:</u> 🖵 No 🖵 If Yes, how	: 🛛 🖬 Eat more:	Vegetables		Fruit	Protein	Milk	Bread	Other:		
		Vege	etables	Fruit	Protein	Milk	Bread	Other:			
Co	oing Skills										
94.	Are you currently having proble	me/concorne with ar	ov of the fe	llowing?) (choo	k all that an					
94.	Are you currently having proble		any of the following? (check all the optimized of the following?) (check all the optimized of the optized of the optimized of the optimized of								
	None	<u>U</u> :	1			1					
	Divorce/separation										
	Recent death										
	Illness (TB, cancer, abn. pap sm	ear)									
	Unemployment										
	Immigration										
	Legal										
	Probation/parole				_						
	Child Protective Services	Other		l	- L		Other				
	Other:	Other:					Other:				
95.	What things in your life do you fe	el good about?									
96.	What things in your life would yo	u like to change?									
97.	. What do you do when you are upset?										
98.	In the past month, how often hav										
99.	Have you ever attended group of If Yes, when and why?	individual meetings	for emotio	nal supp	ort or c	counseling?			🖵 No		
		en prescribed drugs f	for emotion	al probl	ome?		Vhat?			D No	
	-	en hospitalized for en					What yea				
			notional pi	00101115			vilat yea	ai :			
100.	What do you do when you and y	our partner have dis	agreemen	ts?							
101.	1. Does your partner or other family member(s) use drugs and/or alcohol? If Yes, does this create problems for you?										
102.	02. Do you ever feel afraid of, or threatened by your partner? No If Yes, please explain:										
						Γ	Pt Name				
							Date of Bi	ເທ		—	
							Health Pla	n:		—	
							Identificati	on No.:			

103.	03. Within the last year have you been hit, slapped, kicked, choked or physically hurt by someone?										
	🖵 If Yes, by	y whom	(circle all th	nat apply)	Husband	Ex-husband	Boyfriend	Stranger	Other N	/lultiple	
				Total Num	ber of Times:						
104.	Since you	i have b	een pregna	ant, have yo	u been hit, sla	apped, kicked, c	hoked or phys	ically hurt by	someone? 🖌		
	<u>0-13 wks:</u>	🖵 No	lf Yes,		ircle all that app ber of Times:		Ex-husband	Boyfriend	Stranger	Other	Multiple
	<u>14-27 wks:</u>	🖵 No	If Yes,	by whom (c	ircle all that app ber of Times:	oly) Husband	Ex-husband	Boyfriend	Stranger	Other	Multiple
	<u>28-40 wks:</u>	🖵 No	If Yes,	by whom (c	ircle all that app ber of Times:	oly) Husband	Ex-husband	Boyfriend	Stranger	Other	Multiple
							_	_	_		
105.	Within the	e last ye	ar has anyo	one forced y	ou to have se	exual activities?		lo 🛄 If Y	es, by wh	nom (circle	e all that apply)
	<u>0-13 wks:</u>	🖵 No	If Yes,		ircle all that app ber of Times:		Ex-husband	Boyfriend	Stranger	Other	Multiple
	<u>14-27 wks:</u>	🖵 No	L If Yes,		ircle all that app ber of Times:		Ex-husband	Boyfriend	Stranger	Other	Multiple
	<u>28-40 wks:</u>	🖵 No	If Yes,		ircle all that app ber of Times:		Ex-husband	Boyfriend	Stranger	Other	Multiple
106.			-	children ev	er been, a vic	tim of violence	or sexual abus	e? ⊻		0	
	🖵 If Yes, p	olease e	xplain:								
107.	Would you f	eel com	fortable tall	king to a cou	Inselor if you	had a problem?	No 🛛	🖵 Yes			
					·····						
Initia	al Assessm	ent Co	mpleted I	<u>oy</u> :							
Name	e and Title					Initials	Date			Mir	nutes
						minuis	Dute			WIII	lutes
<u>Seco</u>	ond Trimes	ter Rea	assessme	nt Comple	eted by:						
Nome	and Title					Initials	Data			Mir	wtos
iname	anu mue					muais	Date			IVIII	nutes
Thir	d Trimester	Rease	sessment	Complete	d by:						
<u></u>		11003			<u></u>						
Name	e and Title					Initials	Date			Mir	nutes
								[
								Pt. Name			
								Date of Birth			
								Health Plan [.]			
									No.:		
								nuentinication	INU		