

Health Education Materials for Health Net Medi-Cal and Dental Members

Providers may fax requests to 800-628-2704, or email the completed form to Healtheducationdept@healthnet.com. For questions, call 800-804-6074.

Provider information – please print clearly			
Provider/clinic/organization name:		Contact name:	
Address:			
County:	Phone:	Email:	
<ul style="list-style-type: none"> • 50 copies of materials will be sent for each topic ordered. A maximum of 5 topics may be ordered each month. • Please allow 4–6 weeks for processing and delivery. For larger orders, call 800-804-6074. 			

Select requested topics and languages

Topics	Language(s) ¹	Topics	Language(s) ¹
Adverse Childhood Experiences (ACEs)		Low back pain	
Asthma		Lung disease	
Breast cancer screening		Mental health	
Breastfeeding basics		Migraine headaches	
Bipolar disorder		Nutrition	
Birth control: The Pill		Pain control	
Carotid artery disease (CAD)		Pregnancy	
Cervical cancer screening		Preventive screening guidelines	
Chronic obstructive pulmonary disease (COPD)		Respiratory infection (RSV)	
Cold – self care		Schizophrenia	
Dementia		Smoking cessation tips	
Dental – tips for healthy teeth		Staying Healthy Assessment (SHA) forms ²	
Depression		Stress management	
Diabetes – tips to control diabetes		Substance abuse	
Exercise		Tension headaches	
Flu		Trauma brain injury	
Health Net’s Health Education Programs		Tuberculosis	
Heart failure		Urinary tract infections (UTI)	
Heart health		Vertigo – staying safe	
Hypertension		Weight control	
Kidney failure		Well child care	
Lead poisoning			

List any additional topic that you need	Language(s) ¹

¹All topics are available in English and Spanish. Some topics are also available in Arabic (Ar), Armenian (Am), Khmer (K), Farsi (F), Hmong (H), Chinese (C), Korean (Ko), Vietnamese (V), Russian (R), and Tagalog (T). Alternative formats may be available upon request.

²Staying Healthy Assessment (SHA) forms: One complete set of SHA forms will be sent for each language ordered. Forms can also be downloaded at www.dhcs.ca.gov/formsandpubs/forms/Pages/StayingHealthy.aspx.

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