



Health Education Materials for CalViva Health Members

Providers may fax requests to 800-628-2704, or email the completed form to Healtheducationdept@healthnet.com. For questions, call 800-804-6074.

Provider information – please print clearly			
Provider/clinic/organization name:		Contact name:	
Address:			
County:	Phone:	Email:	
<ul style="list-style-type: none"> • 50 copies of materials will be sent for each topic ordered. A maximum of 5 topics may be ordered each month. • Please allow 4–6 weeks for processing and delivery. For larger orders, call 800-804-6074. 			

Select requested topics and languages

Topics	Language(s) ¹	Topics	Language(s) ¹
Adverse Childhood Experiences (ACEs)		Mental health	
Asthma		Migraine headaches	
Breast cancer screening		Nutrition	
Breastfeeding basics		Pain control	
CalViva Health’s Health Education Programs		Pregnancy	
Cervical cancer screening		Preventive screening guidelines	
Chronic obstructive pulmonary disease (COPD)		Respiratory infection (RSV)	
Cold – self care		Smoking cessation tips	
Dementia		Staying Healthy Assessment (SHA) forms ²	
Dental – tips for healthy teeth		Stress management	
Diabetes – tips to control diabetes		Substance abuse	
Exercise		Tension headaches	
Flu		Tuberculosis	
Heart health		Urinary tract infections (UTI)	
Hypertension		Vertigo – staying safe	
Lead poisoning		Weight control	
Low back pain		Well child care	

List any additional topic that you need	Language(s) ¹

¹All topics are available in English and Spanish. Some topics are also available in Hmong. Alternative formats may be available upon request.

²Staying Healthy Assessment (SHA) forms: One complete set of SHA forms will be sent for each language ordered. Forms can also be downloaded at www.dhcs.ca.gov/formsandpubs/forms/Pages/StayingHealthy.aspx.

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