

# Help Asthma Patients Remove Triggers in Their Home at No Cost

Remediation services, or asthma trigger remediation, offers an in-home trigger assessment for members with poorly controlled asthma. Members managing asthma can learn how to remove asthma triggers from their home to ensure their health, welfare, and safety, while reducing acute asthma episodes that could result in the need for emergency services and hospitalization.



## Program Services

- Home environment assessment by a certified asthma educator.
- Equipment and supplies.
- Facilitation of primary care provider well visits.
- Education about asthma controller and rescue medication use, including of metered dose inhaler technique and usage monitoring device.
- Case management and asthma remediation team that includes certified asthma educators and respiratory therapists.
- Some examples of provisions and services include:
  - High-efficiency HVAC filters, air cleaners and air purifiers.
  - High-efficiency particulate air filtered vacuums.
  - Ventilation improvements (e.g., repair or replace range hood).
  - Evaporative cooler cleaning and maintenance.
  - Hygrometer, a humidity monitor.
  - Integrated Pest Management services.
  - Mold removal and remediation.
  - Allergen-impermeable mattress and pillow dustcovers.
  - Asthma-friendly cleaning supplies.
  - Spacer for metered dose inhaler.
  - Metered dose inhaler use and technique monitoring device.
  - Other repairs found to be medically needed and cost effective.



Through programs like the **Comprehensive Asthma Remediation and Education Services, Health Net\***, on behalf of **Community Health Plan of Imperial Valley**, partners with **Central California Asthma Collaborative** to provide support services to members who live in Imperial county.



### Required Documentation/Referral Source

- Clinical documentation submitted from the member's current primary care physician or other health professional (medical doctor, physician assistant or nurse practitioner).
- Provider order - A current licensed health care provider's order specifying the requested remediation(s) for the member.
- Evaluation - A brief written evaluation specific to the member describing how and why the remediation(s) meets the needs of the individual; required for cases of other interventions identified to be medically appropriate and cost-effective.
- Additional documentation submitted from Community Supports Provider or others.
- A home visit conducted to determine the suitability of any requested remediation(s) for the member. The home visit may occur post referral by provider.
- To access the patient referral form for Asthma Remediation, go to the Plan's CalAIM Resources for Providers page at [bit.ly/3vLQQGL](https://bit.ly/3vLQQGL) or scan the QR code.
  - Scroll to Forms and Tools
  - Click on Community Supports (CS)

#### CalAIM Resources



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