

Effectiveness of Care Measure



Postpartum Care

Learn how to improve your Healthcare Effectiveness Data and Information Set (HDIS®) rates.

Measure



The percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery.

Timing of the measurement year: The deliveries on or between October 8 of the year prior to the measurement year and October 7 of the measurement year.

Scheduling – access to care



Make sure patients are scheduled for postpartum visits:

- During one of the last prenatal care visits.
- Prior to discharge from the hospital after delivery.
- Offer flexible appointment times or telehealth visits as appropriate.

Best practices



Talk about the importance of postpartum care with patients during prenatal care visits.

- Screen patients for depression in the postpartum period (7 to 84 days following the delivery date).
- Complete a Pap smear if not performed during the prenatal visit.
- Discuss and provide long term options for contraception during postpartum visit.
- Remind parents to schedule a well-child visit and immunize their infant.
- Ask patients about cultural considerations, such as quarantines after childbirth.
- Ask patients if they are vaping or smoking and refer them to the free resources at California Smokers Helpline.
 - 1-800-NO-BUTTS English
 - 1-800-45-NO-FUME Spanish
 - 1-800-838-8917 Mandarin & Cantonese
 - 1-800-556-5564 Korean
 - 1-800-778-8440 Vietnamese
- Send frequent appointment reminders by phone or text messaging.
- Visit the American College of Obstetricians and Gynecologists (ACOG) website at www.acog.org. Enter Postpartum Toolkit in the Search bar for more about best practices.
- Request delivery summary from hospitals in preparation for postpartum appointment.
- Help members arrange transportation if needed.
 - Health Net (ModivCare, formerly LogistiCare): 1-855-253-6863
 - L.A. Care (Call the Car): 1-888-839-9909 (TTY 711)
 - Anthem (ModivCare, formerly LogistiCare): 1-877-931-4755
 - Blue Shield Promise (Member Services): 1-800-605-2556
 - Molina Healthcare (Secure Transportation): 1-844-292-2688

Documentation



Enter the date of the postpartum visit in the patient’s chart, and document one of the following:

- Pelvic exam.
- Evaluation of weight, blood pressure, breasts and abdomen – note can include breastfeeding for the evaluation of breasts.
- Notation of postpartum care, such as postpartum care, PP care, PP check or six-week check.
- A preprinted postpartum care form filled out during the visit.
- Perineal or cesarean incision/wound check.
- Screening for depression, anxiety, tobacco use, substance use disorder or pre-existing behavioral health disorders.
- Glucose screening for patients with gestational diabetes.
- Notes on topics about:
 - Infant care or breastfeeding.
 - Waiting period for intercourse, birth spacing or family planning.
 - Sleep/fatigue.
 - When to start physical activity and reaching a healthy weight.

(continued)

Billing

Postpartum care – Any of the following meet the criteria for postpartum care:

- Bundled service – Provide dates for postpartum visits. Bundled service codes are used on the date of delivery, not on the date of the postpartum visit. These codes may be used only if the claim form indicates when postpartum care was given.
- Postpartum visit.
- Cervical cytology.

National Provider Identifier (NPI) – The individual NPI must be used. Do not use the clinic NPI.

Coding¹

The table below lists the appropriate codes to use when billing postpartum claims.

Services	Codes ²				
	Modifiers	CPT	CPT Cat II	HCPCS	ICD-10 diagnosis ³
Postpartum visits		57170, 58300, 59430, 99501	0503F	G0101	Z01.411, Z01.419, Z01.42, Z30.430, Z39.1–Z39.2
Postpartum bundled		59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622		H1005	
Cervical cytology		88141–88143, 88147, 88148, 88150–88154, 88164–88167, 88174, 88175			
Telehealth	95, GT, 02	99441–99443, ¹ 98966–98968, 99444, 99212–99215			

¹Review and confirm the service reimbursement agreement to determine whether the coding is for bundled or unbundled services. Must include ICD-10 codes.

²Use a CPT, CPT II or HCPCS code.

³ICD-10 – Due to numerous code options, all have not been documented. Refer to the current American Academy of Professional Coders (AAPC) ICD-10 code book.

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