



Mahmee Wrap-Around Maternity Support Program

NO COST, NON-MEDICAL MATERNITY SUPPORT

No-cost virtual and in-person doula and maternity support is available for eligible Medi-Cal members who are pregnant or postpartum.

What Mahmee provides

From pregnancy through **one-year postpartum**, enrolled members receive coordinated support through the Mahmee app and in-person services in select counties.

Doula services

- Initial intake visit.
- Additional visits – up to **eight prenatal and postpartum care visits**. (Includes visits related to miscarriage, stillbirth or abortion.)
- Extended postpartum visits – up to **two extended three-hour postpartum visits**.
- Education, coaching and group support.

Doulas do not provide medical care or replace medical providers.

Wraparound support

Members have access to a multidisciplinary support team, including:

- Registered nurses.
- Breastfeeding coaches.
- Mental health coaches.
- Care coordinators and more.

Virtual care app features

- One-on-one virtual visits.
- Group chats.
- Individual and group classes.
- Coaching plus more.

Support for high-risk pregnancies

- Registered nurses identify and escalate **high-risk pregnancies** to the designated practice or care facility.
- Physicians can access all member interactions documented in Mahmee's electronic health record.



Questions?

888-893-1569

Registration options

Members can call Member Services at the number on the back of their medical identification card, or by contacting Mahmee directly by:

- Visiting: <https://www.mahmee.com>
- Calling: 818-431-1118

Hours:

- Monday–Friday: 6 a.m.–8 p.m. Pacific Time
- Saturday–Sunday: 8 a.m.–6 p.m. Pacific Time