



Infant Nutrition Provider Guide

HELP BABIES GROW HEALTHY AND STRONG



Introduction

The Infant Nutrition Provider Guide helps you understand infant nutrition benefits. It also details the process to follow to obtain benefits for CalViva Health members. Mothers and infants under age one who are enrolled in the CalViva Health Medi-Cal program can access these benefits.

CalViva Health is a licensed health plan in California that provides services to Medi-Cal enrollees in Fresno, Kings and Madera counties. CalViva Health contracts with Health Net Community Solutions to provide and arrange for network services.

If a conflict exists regarding a benefit, medical necessity or product (unless an otherwise specified exception is stated in this guide), follow the least restrictive policy (the Infant Nutrition Provider Guide vs. California Department of Health Care Services (DHCS) policy and the Medi-Cal manual).

For help with CalViva Health programs, contact CalViva Health at 1-888-893-1569.

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CalViva Health Supports Breastfeeding

Breastfeeding has important health and economic benefits to mothers, infants and our communities. It should continue for the first year of life and beyond if desired by the mother and baby. We want mothers to successfully breastfeed their babies for as long as mother and baby are comfortable.

Your support and encouragement can make the difference between breastfeeding success and failure. You are very influential in mothers,' infant and toddler feeding decisions. You also play a key role in providing information and help for patients' questions and problems.





More breastfeeding info

Wellstart International www.wellstart.org

Wellstart International specializes in advancing health care providers' knowledge about breastfeeding.

Academy of Breastfeeding Medicine www.bfmed.org

The academy develops evidencebased protocols on clinical lactation management.

Infant Nutrition Benefits Overview

CalViva Health covers infant nutrition services for mothers and their infants to improve infant health and support growth. Infant nutrition benefits include:



- Lactation durable medical equipment (DME)
 (includes breast pumps and lactation management aids).
- Lactation education and support services (breastfeeding-related evaluation and management services).
- · Therapeutic infant formula.
- · Banked human milk.

CalViva Health and Health Net arrange for or provide infant nutrition benefits. This guide explains the steps directly contracting fee-for-service (FFS) Medi-Cal participating providers can follow to access infant nutrition benefits. The steps may be similar for participating physician groups (PPGs). However, if you are participating through a PPG, please follow the PPG's guidelines for referrals and prior authorizations for infant nutrition benefits.

Referrals for CCS-eligible conditions

- Infant nutrition supplies and services may be covered by California Children's Services (CCS) for infants who have a CCS-eligible condition and an approved Service Authorization Request (SAR) from CCS.
- Refer children with potential CCSeligible conditions to the local county CCS program.
- Go to the provider website at provider.healthnet.com > Provider Library to view the manuals, or contact the Public Programs Department at 1-800-526-1898.

 To learn more about CCS and CCS-eligible conditions, refer to the Medi-Cal provider operations manuals.



Member access to benefits

CalViva Health members may receive infant nutrition benefits as an inpatient or outpatient. Often, a member is only eligible for infant nutrition benefits until his or her first birthday. Request lactation education/support services and lactation DME under the mother or infant's CalViva Health member identification (ID) number. You can prescribe therapeutic formula and banked human milk for newborns under the mother's member ID. Once the infant's membership is set up, if the prescription needs to be reauthorized, the request must be made under the infant's member ID.

Prior authorization

Infant nutrition benefit	Prior authorization requirement
Lactation DME (most breast pumps, nipple shields and breast shells)	No, unless Medi-Cal policy states otherwise.
Hospital-grade electric breast pump	Yes
Lactation education and support services: Provided by Comprehensive Perinatal Services Program (CPSP)-certified providers (including lactation education and support through ancillary staff or subcontractors) Provided by non-CPSP-certified providers	Yes (If the provider does not have a contract with a lactation consultant). Provider must refer within 24–48 hours of the last patient visit.
Therapeutic infant formula	Yes
Banked human milk	Yes
Due to the intended purpose of infant nutrition	benefits as a sustainable food source, Health Net, on

behalf of CalViva Health, evaluates authorization requests and appeals in an expeditious manner.



Authorization request forms

These forms can help providers obtain supplies and services available with infant nutrition benefits. They include the:

- Infant Nutrition Benefits
 Authorization Request Form:
 Breast Pump and Lactation
 Consultant Services
- Infant Nutrition Benefits
 Authorization Request Form:
 Therapeutic Formula (included with this guide)

The forms are based on the guidelines and medical necessity criteria for each of the benefits. Please complete the appropriate form in its entirety. They include information that the medical reviewers need, along with substantiating chart notes, to expedite the review and authorization process within the required time frame.

Appeals process

A member or a member representative who believes that a determination or application of coverage is wrong has the right to file an appeal. If the request for authorization is denied, you may submit an appeal for the member. Refer to the Medi-Cal provider operations manuals on the provider website at provider.healthnet.com > Provider Library for more information about the appeal process.



Lactation DME

Lactation DME includes breast pumps, breast shells and nipple shields. These help establish and sustain the milk supply when breastfeeding is difficult. There is no authorization of lactation DME after the infant's first birthday unless special medical needs exist. You do not need to request prior authorization for breast shells and nipple shields; a prescription may be written.

Why a member may need lactation DME



- Separation of the mother and infant due to hospitalization.
- Infant is unable to nurse (for example, latch or suck issues, post-operative, tube feedings).
- Mother has a physical condition and needs mechanical lactation help.
- Mother is exclusively breastfeeding and is preparing to return to work or school.
- Mother experiences nipple or breast pain.

- Infant experiences latch-on difficulties.
- Mother has flat or inverted nipples.
- · Infant experiences slow weight gain.
- Mother is breastfeeding a premature infant.
- Mother is breastfeeding twins or triplets.
- Mother is providing relactation or adoptive breastfeeding.
- Infant has a neurological deficit or physical impairment that interferes with breastfeeding.



For help finding DME vendors, contact the Health Care Services Department at 1-800-421-8578.

Breast pumps

Members may get the following types of breast pumps:

- Manual breast pump (HCPCS code E0602).
- Personal-use electric breast pump and kit (HCPCS code – E0603).
- Hospital-grade electric breast pump and kit – rentals only.
 Prior authorization is needed.
 (HCPCS code – E0604).

Prescribe a manual or personal-use electric breast pump

Contact Pumping Essentials at 1-866-688-4203 for a location most convenient for the member. Include the member's telephone number on the prescription. Inform the member that Pumping Essentials will call to confirm their home address before delivery. Pumping Essentials does not deliver to a PO box number.

Policy on replacement of breast pump supplies (codes A4281–A4286)

CalViva Health and Health Net follow the Medi-Cal policy on the replacement of breast pump supplies (tubing, adapters, bottle caps, breast shields and splash protectors, bottles, and locking rings) for billing, reimbursement and frequency limits, as stated in the California DHCS Medi-Cal manual.



Bill for DME, lactation management aids and breast pumps

Use these codes for billing:

- **E0603** (breast pump, electric (AC and/or DC), any type; also called a personal-grade (single-user) electric breast pump).
 - Send a Treatment Authorization Request (TAR) if the cumulative cost within the calendar month for the purchase of lactation management aids exceeds \$100.
- **E0604** (breast pump, hospitalgrade, electric (AC and/or DC), any type; also called a hospital-grade (multi-user) electric breast pump).
 - If there are no other relevant rentals, a TAR is not required until the rental amount exceeds \$164 in a 15-month period.

Prior authorization for hospital-grade electric breast pumps

- Onduct an evaluation or assessment to determine the medical necessity of a hospital-grade electric breast pump and kit. The request may come from the mother or baby's provider. When mother and baby are outpatients and otherwise healthy, but nursing at the breast has not been established successfully, a referral to a lactation consultant may be helpful before the request for a breast pump.
- 2 Complete the Infant Nutrition Benefits Authorization Request Form: Breast Pump and Lactation Consultant Services (included in this guide). Fax the form with medical chart notes documenting medical necessity to the Health Care Services Department at 1-800-743-1655.
- 3 Talk about the prior authorization process with the member.
- 4 When prior authorization is approved, contact the member with instructions for pickup or delivery from a DME provider.
- In cases when a mother and baby are about to be discharged from the hospital or separated due to the infant's continued hospitalization, the attending provider completes and sends in the Infant Nutrition Benefits Authorization Request Form before the mother's discharge. The discharge planner contacts Health Care Services at 1-800-421-8578 to make sure the authorization request is complete. This allows the plan to review the request quickly so the breast pump is available upon the mother's discharge.

Hospital-grade electric breast pump requests for longer than three months may need reauthorization.

Lactation Education and Support Services

Either of the following can provide lactation education and support services:



- · A lactation educator-counselor.
- An international board-certified lactation consultant (IBCLC). An IBCLC is a health care professional specializing in the clinical management of breastfeeding.

Bill for services

The state of California does not recognize persons with these certifications – lactation educator-counselor and IBCLC – as designated professionals who can be assigned a Medi-Cal provider number or bill Medi-Cal for services directly. A Medi-Cal provider, however, can bill for lactation support services under his or her Medi-Cal number if the services are provided by a:

- Comprehensive perinatal health worker (CPHW).
- Medical assistant (MA).
- Nurse practitioner (NP).
- Registered nurse (RN).
- Physician assistant (PA) who has one of these certifications.

If you do not have a person on staff with a lactation certification, you may contract with a lactation consultant and reimburse that person as a subcontracting employee.

Service codes

Use these codes for billing lactation education and support services:

- 98960 Education and training for patient self-management by a qualified, non-physician health care professional using a standardized curriculum, face to face with the patient (could include caregiver/family) each 30 minutes; individual patient.
- 98961 Education and training for patient self-management by a qualified, non-physician health care professional using a standardized curriculum, face to face with the patient (could include caregiver/ family) each 30 minutes; 2–4 patients.
- 98962 Education and training for patient self-management by a qualified, non-physician health care professional using a standardized curriculum, face to face with the patient (could include caregiver/ family) each 30 minutes; 5–8 patients.





OB/GYN providers are encouraged to participate and offer CPSP services to all pregnant members.

Conditions that require a referral

Refer members for lactation education and support services for any of these conditions:

- Nipple or breast pain.
- Latch-on difficulties.
- Flat or inverted nipples.
- Infant's slow weight gain.
- · Crying or colicky baby.
- Breastfeeding a premature infant.
- Breastfeeding twins or triplets.
- Relactation and adoptive breastfeeding.
- Exclusively breastfeeding and preparing to return to work or school.
- Infant with a neurological deficit or physical impairment that interferes with breastfeeding.

Referral through CPSP providers

CPSP uses best practices to promote maternal health and healthy birth outcomes. CPSP-certified providers can provide breastfeeding education, support and referrals during the antepartum and postpartum periods to members.

An obstetrician can become a CPSP-certified provider by contacting the local county CPSP coordinator. Public Programs administrators serve as liaisons to CPSP and are available to assist providers in becoming CPSP-certified. Refer to the quick reference contact sheet (included with this guide) for telephone numbers of the CPSP coordinators and Public Programs administrators in your county.

Directly contracting FFS Medi-Cal CPSP-certified providers can provide members access to needed lactation support services in one of three ways:

- 1. Hire a CPHW who is a lactation educator-counselor or IBCLC.
- Encourage and support an RN, PA or NP currently on staff who would like to become a lactation educatorcounselor or IBCLC.
- 3. If none of the office staff has the required lactation training, contract with a lactation consultant in the community. Directly contracting FFS Medi-Cal CPSP-certified providers may bill lactation consultant services under CPSP for mothers and babies, and reimburse the lactation consultant as a subcontracting employee.

You do not need prior authorization for lactation consultant services received through CPSP from a directly contracting FFS Medi-Cal CPSP-certified provider. You can only bill CPSP services up to 60 days postpartum. After 60 days, you can provide lactation support services, but must bill using the proper ICD-10 or CPT codes.

CPSP providers who would like to contract with lactation consultants in their community to serve their patients may contact CalViva Health at 1-888-893-1569 for help.

Referral through non-CPSP providers

All providers must educate and encourage pregnant mothers to breastfeed and provide access to lactation education and support services when needed. Directly contracting FFS Medi-Cal participating providers who are not CPSP-certified can provide or refer a member to lactation services for infants up to age one.

Use one of the following three methods to provide members access to needed lactation support services:

- 1 Encourage and support an RN, PA or NP currently on staff who would like to become an IBCLC. You can then submit claims for direct reimbursement for lactation consultation services (this option is ideal for non-CPSP obstetric and pediatric practices).
- 2 If none of the office staff has the required training, contract with an IBCLC in the community. With a contract, you bill lactation consultation services with proper CPT codes for mothers or babies and reimburse the IBCLC as a subcontracting employee. In this manner, lactation education and consultation services may be provided beyond 60 days postpartum.
- 3 If options 1 or 2 are not viable, you must request prior authorization to refer a member to an IBCLC. Refer to the below instructions for requesting prior authorization. Without a formal arrangement with a participating physician or facility, the IBCLC is considered a nonparticipating provider and must contact the Health Care Services Department at 1-800-421-8578 before providing services to confirm authorization and receive billing instructions.

Prior authorization for services

Directly contracting FFS Medi-Cal participating providers can follow these steps to access nonparticipating lactation education and support services.

- Conduct an assessment to determine clinical need and medical necessity, and duration of needed services.
- 2. Identify an IBCLC in your area.
 - Nationwide, contact the United States Lactation Consultant Association at www.uslca.org/ resources/find-an-ibclc.
 - For Los Angeles, contact BreastfeedLA at www.breastfeedla.org/ resources-map.
- 3. Complete the Infant Nutrition
 Benefits Authorization Request
 Form: Breast Pump and Lactation
 Consultant Services (included with
 this guide). Fax medical chart notes
 documenting medical necessity
 to the Health Care Services
 Department at 1-800-743-1655.

- 4. Talk about the prior authorization process with the member.
- 5. Upon approval of the authorization, contact the member with a referral and instructions to see the IBCLC. If the authorization is denied, give further instruction to the member (for example, a follow-up appointment for reassessment for authorization resubmission).

All pregnant and postpartum members are eligible for Special Supplemental Nutrition Program for Women, Infants and Children (WIC) services, including lactation education and support.

Providers may refer members to WIC for lactation support as needed.

Providers participating through a PPG must follow the PPG's processes. The provider should contact the PPG for additional information and a list of participating IBCLCs in the area.



Please educate and encourage pregnant mothers to breastfeed and provide access to lactation education and support services when needed.

Therapeutic Infant Formula and Banked Human Milk



Therapeutic formula is a medical food formulated to be consumed or administered entirely under the supervision of a physician. It is meant for the specific dietary management of a disease or condition of distinctive nutritional requirements based on recognized scientific principles as established by medical evaluation. Enteral formula products must meet Medi-Cal criteria of medical necessity for the condition the formula is designed for (as per the State Medi-Cal manual). The products must also be approved by Medi-Cal.

Enteral nutritional supplements and replacements are a conditional benefit of the CalViva Health Medi-Cal program. When medically necessary, they are provided as a therapeutic regimen to prevent serious disability or death in patients with medically diagnosed conditions that preclude the full use of regular food (22CCR 51313.3(e)(2)).

Types of therapeutic infant formula and associated conditions

Types of formula

Premature infant formula

Conditions

CalViva Health and Health Net follow the guidelines developed by the California Perinatal Quality Care Collaborative. Preterm formula is designed to replace nutrient components that cannot be tolerated. It is given to premature infants following the guidelines for premature and low birth weight products below: Products 20 or 22 kcal/ounce are limited to beneficiaries born

prior to 37 weeks gestation or birth weight less than 3,500 grams. Products 24 or 30 kcal/ounce are authorized for one month only per request and limited to current weight (at time of dispensing) less than 3,500 grams.

As stated in the DHCS Medi-Cal Manual: Specialty infant products are restricted for use at time of birth through age 12 months except when one of the following criteria has been met: (1) Corrected age (CA) applies only to infants born prior to 37 weeks gestation. For example, if birth date is 36 weeks gestation (four weeks early), remove four weeks from actual age (AA) since birth to get CA. CA is always younger than AA. (2) Use beyond age 12 months (including CA when applicable) requires documented medical justification clearly supplied on, or with, the authorization request, as documented in the infant's medical record. Maximum age at time of authorization is nine months plus 29 days; CA applies, except when noted.

These formulas may be special purpose replacements designed for individuals with inborn errors of metabolism or specific organ dysfunction (for example, renal, cardiac or liver disease). Additionally, elemental replacement formulas/products are designed for individuals with dysfunctional or shortened gastrointestinal (GI) tracts who are unable to tolerate and absorb a complete formula composed of whole proteins, fats and carbohydrates. These formulas benefit individuals with conditions, including short bowel syndrome, necrotizing enterocolitis, gastroschesis, and ulcerative colitis. These medical conditions are, in large part, CCS-eligible, and products must be requested and approved by the local CCS program.

Types of therapeutic infant formula and associated conditions (continued)

Types of formula	Conditions
Replacement formula	The plan considers requests for replacement formula therapy on a case-by-case basis for medically necessary conditions that preclude the full use of food. The condition must prevent the member from meeting his or her nutritional or metabolic needs by intake of regular food, thereby requiring supplemental or replacement nutritional therapy. The equipment and supplies for delivery of these special foods are provided when medically necessary and appropriate. The medical condition must not be CCS-eligible.
Hypoallergenic and elemental formulas	The use of hypoallergenic or elemental formulas is intended for infants up to age 1 with one of the following existing allergic symptoms: • IgE-associated reactions, such as angioedema, urticaria,
	wheezing, persistent rhinitis, eczema, or anaphylaxis. • Positive radioallergosorbent test (RAST) to milk protein.
	Non-IgE-associated reactions (for example, persistent vomiting, diarrhea, colitis/esophagitis with heme-positive stool, or extreme irritability), strong atopic family history, and failure of a minimum two-week trial of cow's-milk-protein-free formula (for example, soy).
	These may be clinical indications for use of extensively hydrolyzed or free amino acid-based formulas. Partially hydrolyzed formulas are not hypoallergenic and should not be used to treat infants with documented allergies.
Caloric-dense formulas	Caloric-dense formulas are prescribed for children with increased nutrient requirements or specific feeding impairments that preclude adequate oral food intake. These may provide supplemental calories or provide the child's sole source of nutrition.



Obtaining therapeutic formula for inpatient and outpatient members

Inpatient members

If the infant is hospitalized, the specialist in charge of his or her care orders the therapeutic formula. If the infant requires therapeutic formula upon discharge, the specialist completes the prior authorization request and sends it to the health plan or the PPG several days prior to discharge, whenever possible. This allows time for evaluation of the prior authorization request. The discharge planner should coordinate with the health plan or the PPG so that the authorization is complete and approved by the time the infant is discharged from the hospital.

Outpatient members

- If the member is a new patient to the physician's practice and the infant is currently on a therapeutic formula, the provider should:
 - request medical records from the provider who prescribed the formula, or
 - conduct a thorough assessment to demonstrate medical necessity.
- When the member visits the primary care physician's (PCP's) office and the physician determines that the infant needs therapeutic formula, the physician completes the steps listed under the *Prior authorization process* for therapeutic formula section below.

Out-of-area requests for therapeutic formula must be referred to the health plan for authorization.

Prior authorization process for therapeutic formula

The provision of therapeutic infant formula always requires prior authorization. Contracting FFS Medi-Cal participating providers may request prior authorization through these steps:

- 1. Establish medical necessity:
 - Conduct an assessment to determine the medical necessity of a therapeutic enteral formula. The health assessment must include:
 - a complete physical examination,
 - plotting of height and weight across time,
 - medical history,
 - nutrition assessment,
 - appropriate laboratory testing,
 - feeding observation, and
 - inquiries regarding parenting behavior and home environment.
 - Medical necessity must be clearly demonstrated for approval of therapeutic formula.

- For new members under age two currently on a therapeutic formula regimen, this evaluation/ assessment should take place during the required initial health assessment that is given within 60 days of enrollment or 60 days past the age expectation. Complete the Infant Nutrition Benefits Authorization Request Form: Therapeutic Formula (included with this guide). Fax the form with medical chart notes documenting medical necessity of therapeutic formula and duration of use to the Health Care Services Department at 1-800-743-1655.
- 2. Completing the Infant Nutrition Benefits Authorization Request Form: Therapeutic Formula does not guarantee authorization. The form is used to facilitate the review and processing of formula requests only. Authorizations are based on medical necessity criteria for the type of formula requested consistent with the condition the formula is designed for, current Medi-Cal policies as established in the DHCS Medi-Cal manual, Medi-Cal Managed Care Division (MMCD) Policy Letters, DHCS numbered letters, and applicable sections of the California Welfare & Institutions Code.

- 3. Talk about the prior authorization process with the member.
- 4. Upon approval of the authorization, contact the member with instructions for pickup or delivery from a participating pharmacy or DME provider. If the authorization is denied, provide further instruction to the member (for example, follow-up appointment for reassessment or labs for authorization resubmission).

Extended hypoallergenic (elemental) or replacement formula requests, for longer than three months, require reauthorization.



A one-time emergency two-week supply of therapeutic formulas is available for infants under age. The two-week supply of therapeutic formula allows for treatment regimen continuity while the health plan or the PPG conducts a medical necessity review and treatment evaluation.

How an emergency supply works

- Prior authorization is required for this one-time two-week supply.
- Complete the Prescription Drug Prior Authorization or Step Therapy Exception Form and fax it to the health plan's pharmacy benefit manager at 1-800-977-8226.
- The member may access the two-week supply within 24 hours of the pharmacy benefit manager's receipt of the authorization request.
- Give the member a prescription for the therapeutic formula and speak with the parent or guardian. Explain that only a two-week supply of therapeutic formula will be given by a participating pharmacy in the CalViva Health network that dispenses therapeutic formula.

This initial two-week supply does not suggest approval for continuation of the formula. To continue use of therapeutic formula beyond two weeks, request prior authorization from the Health Care Services Department or the PPG. Be sure to include clinical documentation of medical necessity.

Special Supplemental Nutrition Program for WIC referrals

After prescribing the therapeutic formula, please complete Section II of the WIC Pediatric Referral form CDPH 247A (included with this guide) for the issuance of supplemental foods by WIC. The information regarding therapeutic formula is for informational purposes only and allows WIC staff to tailor services and client education that complements your prescribed treatment regimen. This form is not a therapeutic formula referral form.

The WIC program does not provide therapeutic formula to Medi-Cal managed care members. Therapeutic formula is a benefit under CalViva Health's Medi-Cal program. When medically necessary, the provision of therapeutic formula is the responsibility of the health plan or the PPG. You should never refer a member who is waiting for authorization or whose request for therapeutic formula has been denied to the WIC program.



The WIC program does not provide therapeutic formula to Medi-Cal managed care members. Therapeutic formula is a benefit under CalViva Health's Medi-Cal program.

Banked human milk

Human milk is classified as an enteral nutritional supplement or replacement for newborns in certain situations. This includes when a mother is unable to breastfeed due to medical reasons, and the infant cannot tolerate or has medical contraindications to the use of any formula, including elemental formulas. Both conditions must be met in order for authorization requests for human milk to be considered.

Prior authorization process for banked human milk

The provision of banked human milk always requires prior authorization. Contracting FFS Medi-Cal participating providers request prior authorization through the health plan. Providers participating through a PPG request prior authorization through the PPG.

- 1 If the infant is in the hospital, the specialist in charge of his or her care may order the human milk. Medical necessity for provision of banked human milk is generally determined by a subspecialist in gastroenterology, immunology or neonatology.
- 2 If the infant still needs human milk upon discharge, the specialist may complete the Infant Nutrition Benefits Authorization Request Form: Therapeutic Formula (included with this guide). Send the request to the Health Care Services Department by fax at 1-800-743-1655 or to the PPG. Since evaluating these authorization requests may take several days, the hospital and treating physicians should send the request several days before discharge when possible. Once approved, the health plan or the PPG secures an arrangement with the milk bank to provide timely delivery to the member for the entire prescription.
- 3 The plan evaluates request for human milk on a case-by-case basis. Extended human milk requests (more than three months) require medical justification for reauthorization.

The Health Care Services Department is often involved and needed in the above cases. Contact the Health Care Services Department at 1-800-421-8578 for help with coordination of additional care and service needs.



Did you know?

The Mother's Milk Bank at Santa Clara Valley Medical Center is the only human milk bank in California and the only provider of service right now.

Authorization time frames

Directly contracting FFS Medi-Cal participating providers can follow these steps to access nonparticipating lactation education and support services.

Requests for therapeutic formula and banked human milk fall into three categories:

Emergency requests



Emergency requests occur when prescribing providers determine that formula is immediately required to prevent serious disability or death. The plan processes these requests within 24 hours.

Expedited requests



Expedited requests occur when the requesting provider or plan determines that following the standard time frame could seriously jeopardize the member's life or health or ability to attain, maintain or regain maximum functions. The plan processes these requests within 72 hours (including weekends and holidays) of receipt of all the information reasonably necessary to make a decision.

Non-emergent/ routine requests



The plan processes non-emergent/routine requests of therapeutic formulas within 5 business days of receipt of all the information reasonably necessary to make a decision.

The plan processes requests for regimens already in place within 5 business days of receipt of all the information reasonably necessary to make a decision. This allows for review of a currently provided regimen as consistent with the urgency of the member's medical condition.



Questions? Contact the Health Care Services Department at 1-800-421-8578



Quick Reference Contacts

Comprehensive Perinatal Services Program (CPSP) bro	eastfeeding services
CPSP providers offer breastfeeding education, support and referrals. Services can be provided during the antepartum and postpartum periods up to 60 days postpartum. CPSP services are available to members seeing a CPSP provider for prenatal care. To become a CPSP-certified provider, contact the CPSP coordinator in your county.	www.cdph.ca.gov/Programs/CFH/DMCAH/CPSP/Pages/default.aspx
Special Supplemental Nutrition Program for Women,	Infants and Children (WIC) Program
WIC serves the nutritional needs of pregnant and breastfeeding women, and children up to age 5. WIC provides breastfeeding classes during and after pregnancy. They also provide other breastfeeding support services, such as breast pump loans and counseling. CalViva Health Medi-Cal members automatically qualify for WIC.	www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx www.calwic.org
Public Programs Department	
The Public Programs Department helps obstetric providers who would like to become CPSP-certified.	1-800-526-1898
Health Education Department	
Health promotion consultants provide:	1-800-804-6074
Low-literacy health education materials in a variety of threshold languages.	
Complete health education programs and services in the community on various topics.	
Community resource links.	
Referral information.	
Health Care Services Department	
Contact the Health Care Services Department to request prior	1-800-421-8578
authorization or help with referrals.	Fax prior authorization requests to: 1-800-743-1655
Provider Services Center	
Provider Services Center representatives are available 24 hours a day, seven days a week, to help providers.	1-888-893-1569
Pharmacy Benefit Manager	
For an initial or one-time emergency two-week supply of therapeutic formula.	Fax: 1-800-977-8226

PCP Quick Reference for the Provision of Infant Nutrition Benefits

	Therapeutic formula/Banked human milk	Lactation DME	Lactation education/ Support services
Medical necessity	Provide all clinically relevant information for the provision of therapeutic formula and human milk with the prior authorization request (refer to pages 10-15 of this guide)	For hospital-grade electric breast pumps, provide all clinically relevant information for medical necessity review with the prior authorization request (refer to pages 5-6 of this guide)	Verify on the Infant Nutrition Benefits Authorization Request Form: Breast Pump and Lactation Consultant Services that the mother/baby pair are unable to successfully breastfeed with the advice and support available through your office or the mother's OB/GYN Provide all clinically relevant information for medical necessity review for the provision of lactation consultation with the prior authorization request (refer to pages 7-9 of this guide)
Authorization	Route all requests for medically necessary therapeutic formula and banked human milk to the health plan or the participating physician group (PPG) for review and authorization Extended hypoallergenic (elemental) or replacement formula requests, for longer than three months, require reauthorization For an emergency two-week supply of therapeutic formula, a prior authorization request must be faxed to the Pharmacy Benefit Manager at 1-800-977-8226 The prior authorization request with all clinical documentation of medical necessity must also be submitted to Health Care Services or your PPG for continuation of the therapeutic formula beyond two weeks	Route all requests for medically necessary hospital-grade electric breast pumps to the health plan or the PPG for review and prior authorization Manual and personal-use electric breast pumps, breast shells and nipple shields do not require prior authorization; only a prescription is needed Hospital-grade electric breast pump requests for longer than three months require reauthorization	Lactation education/support services received through CPSP (up to 60 days postpartum) from a CPSP-certified provider do not require prior authorization Public Programs administrators are available to assist OB providers who would like to become CPSP-certified The Provider Services Center at 1-888-893-1569 can help providers who would like to contract with an IBCLC in the community Lactation education/support services billed by a non-CPSP provider require prior authorization Route all requests for medically necessary infant nutrition benefits to the health plan or the PPG for review and prior authorization if the provider does not have a contract with an IBCLC
Authorization request forms	Complete the Infant Nutrition Benefits Authorization Request Form: Therapeutic Formula. Provide complete medical documentation to expedite authorization determinations	Complete the Infant Nutrition Benefits Authorization Request Form: Breast Pump and Lactation Consultant Services. Provide complete medical documentation to expedite authorization determinations	Non-CPSP providers complete the Infant Nutrition Benefits Authorization Request Form: Breast Pump and Lactation Consultant Services. Provide complete medical documentation to expedite authorization determinations
Appeal	Submit an appeal with supporting documentation for timely review, if necessary Refer to the denial letter for appeal instructions or contact information	Submit an appeal with supporting documentation for timely review, if necessary Refer to the denial letter for appeal instructions or contact information	Submit an appeal with supporting documentation for timely review, if necessary Refer to the denial letter for appeal instructions or contact information

(continued)

PCP Quick Reference for the Provision of Infant Nutrition Benefits (continued)

	Therapeutic formula/Banked human milk	Lactation DME	Lactation education/ Support services
WIC Referral Form	Complete Section II of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Pediatric Referral form (CDPH 247A) Notify WIC staff of any food restrictions or	N/A	N/A
	special dietary needs		
	Inform WIC if a therapeutic formula regimen is prescribed (information for continuity of care only)		
	Do not refer members to the WIC program for medically necessary therapeutic formula		
	For Medi-Cal managed care members, WIC provides cow- and soy-based formula only. These formulas are considered regular food for infants and are not a covered benefit. Do not submit an authorization request for soy and cow's milk infant formula		
Support resources	Provide education and resources to encourage healthy growth and development that support mother's infant feeding decision	Encourage mothers to breastfeed as long as possible and support those who do Health Education Information Line –	Encourage mothers to breastfeed as long as possible and support those who do Health Education Information Line –
	and/or baby's medical condition Health Education Information Line –	1-800-804-6074	1-800-804-6074
	1-800-804-6074	WIC – www.cdph.ca.gov/Programs/CFH/ DWICSN/Pages/Program-Landing1.aspx	WIC - www.cdph.ca.gov/Programs/CFH/ DWICSN/Pages/Program-Landing1.aspx
	WIC – www.cdph.ca.gov/Programs/CFH/ DWICSN/Pages/Program-Landing1.aspx	American Academy of Pediatrics – www.aap.org	American Academy of Pediatrics – www.aap.org
	Wellstart International – www.wellstart.org	Wellstart International – www.wellstart.org	Wellstart International – www.wellstart.org
	Academy of Breastfeeding Medicine – www.bfmed.org	Academy of Breastfeeding Medicine – www.bfmed.org	Academy of Breastfeeding Medicine – www.bfmed.org



INFANT NUTRITION BENEFITS AUTHORIZATION REQUEST FORM Breast Pump and Lactation Consultant Services



- Complete this form for authorization of lactation management aids or services.
- Please include chart notes to expedite the review/authorization process.
- This form is for directly contracting fee-for-service (FFS) Medi-Cal providers. Fax form to 1-800-743-1655.

Lactation education/consultation services provided through the Comprehensive Perinatal Services Program (CPSP) do not require prior authorization.

				: :
Primary telephone #:	Alt. telep	hone #:		_
Requesting physician:				
Name:	Signature:		Date:_	
Address (City, state, ZIP code):				
	Fax #:			
Are you the member's PCP? Ye	es 🗌 No 🔝 If "No," list member's PCP):		
Doctors recommend fully breastfeed breastfeeding for the first year of life	•	Medically necessary lact		x.)
Breastfeeding assessment: Fully breastfeeding per AAP an Combination feeding: breast mi	lk and formula	Hospital-grade electric (Electric breast pump r mother/baby to be re-e	breast pump and kit equests for longer than thr valuated for reauthorizatio	ree months require the n.)
☐ Not breastfeeding or never brea		☐ Hospital-grade electric		
	n for lactation aides/services:	Lactation consultation consultant (IBCLC)**		board-certified lactation
Maternal October 1 Translation	Infant			
O92.7 Contraindicated drug use (need to sustain milk supply)	P92.8 Feeding problems – newborn (nipple preference/tongue thrust/weak suck/latch-on difficulty/refusal to suck) P92.9 Feeding problems – infant	authorization prior to th	nave a contract with an IBC re rendering of lactation ed	CLC must receive lucation/consultation
separation due to hospitalization	(>28 days)	1-888-893-1569 for pro		ovider Services Center at
O92.7 Establish milk supply	R10.9 Colic	Duration of medical nece		
O91.03 Plugged milk duct O92.3 Failure of lactation	☐ P37.5 Thrush ☐ P59.9 Jaundice, neonatal	Hospital-grade electric pun	np months	
☐ O92.5 Suppressed lactation	☐ E86.9 Dehydration, neonatal	Reauthorization docume	ntation:	
O92.29 Engorgement of breasts	P92.9 Slow weight gain/FTT (newborn)			
O92.13 Nipple – cracked/ blister/fissures	R62.51 Slow weight gain/FTT (older infant)	CCS referral: ☐ Yes		
O91.12 Breast abscess	P07.30 Prematurity/LBW (NOS)	If "Yes," status of referral:		
☐ N64.4 Breast pain ☐ O92.29 Nipple pain/trauma/ ulcer	Q38.1 Ankyloglossia Q35.9 Cleft palate (NOS)	Additional information:		
O92.7 Infection of nipple	Q36.9 Cleft lip (NOS)			
O92.019 Nipple inverted/ retracted	Q37.9 Cleft lip and palate (NOS)			
O92.7 Mother/baby separation due to work or school*	Q18.9 Cranial facial abnormality that prevents latch-on and adequate milk intake*			
(*Does not qualify for hospital- grade pump) O92.119 Mastitis, purulent	(*If not approved as a CCS-eligible condition) R63.4 Abnormal wt. loss	CPSP Providers Only	Z6204 Follow-up antepartum reassessment/ treatment/intervention	Z6208 Postpartum assessment/treatment/ intervention and ICP development
O91.21 Mastitis, nonpurulent Other: Include ICD-10 code:	G47.10 Sleepy baby Other: Include ICD-10 code:	☐ Z6406 Follow-up antepartum	Z6410 Perinatal education	Z64014 Postpartum assessment/treatment/
		reassessment/ treatment/intervention		intervention and ICP development

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INFANT NUTRITION BENEFITS AUTHORIZATION REQUEST FORM Therapeutic Formula



Date:

- ❖ Therapeutic formula is a <u>conditional</u> benefit of the CalViva Health Medi-Cal program.
- Members should not be referred to the Women, Infants and Children (WIC) program to receive this benefit.
- Nutritional supplements/replacements are provided as a therapeutic regimen for patients with medically diagnosed conditions when that condition precludes the full use of regular foods. The medical necessity of the product should be differentiated from the use as a convenience item.

To expedite, include chart notes. This form is for directly contracting fee-for-service (FFS) Medi-Cal providers. Fax form to 1-800-743-1655.

Address (City state 7IP)	ast, first): code):		DOB: Member ID #	
Requesting provider:				
Name:		i elepnone #:	Fax #:	
Address (City, state, ZIP of	ode):			
Premature Infant Formula/Caloric Dense (for example: Neosure, Enfacare Profree, Lofenalac, Vivonex, Similac PM 60/40, Neocate One, Peptamin Jr., Portagen)	Formula requested: Qty/Mo: Duration: (months)	Diagnosis: (ICD-10 code required) P07.2 Prematurity/LBW P92.9 Prematurity – feeding problem P05.1 Small for gestational age Other: Other:	Medical justification Gestational age Birth weight Need for additional protein, calcium and phosphorus for 1 yr Notes:	CCS referral: ☐ Yes ☐ No If "Yes," status of referral: ———————————————————————————————————
Hypoallergenic (Elemental) Formula (for milk protein intolerance) (for example: Nutramigen, Alimentum, Elecare, and Peptamin)	Formula requested: ———————————————————————————————————	Diagnosis: (ICD-10 code required)	Labs – Include results if any of the following tests obtained: Positive RAST test Serum IGE Positive stool heme Fecal leukocytes Positive skin testing Gastric biopsy Elevated serum eosinophils Positive stool for reducing substance Other:	CCS referral: Yes No If "Yes," status of referral: Approved CCS-eligible condition:
Formulas/ Supplements (for example: Pediasure, Ensure, Ensure Plus, Isocal, Jevity, Kindercal, Boost, and Boost	Formula requested: Qty/Mo: Duration: (months)* *Extended formula requests, for longer than 3 months, require documentation of nutritional requirements for reauthorization.	Diagnosis: (ICD-10 code required) ☐ P92.9 Slow weight gain/FTT (newborn) ☐ R62.51 Slow weight gain/FTT (older infant) ☐ R13.1 Dysphagia – diff swallowing ☐ Q38.3 Anomaly of tongue ☐ Q35.9 Cleft palate ☐ Q37.9 Cleft lip ☐ Q37.9 Cleft palate w/cleft lip ☐ Other:	Medical justification Does child have problems eating, swallowing or absorbing food? Child is fed by gastrostomy tube. If so, what percentage of calories? % of total daily calories comes from formula.	CCS referral: ☐ Yes ☐ No If "Yes," status of referral: ———————————————————————————————————
Banked Human Milk	Oty/Mo: Duration: (months)* *Extended human milk requests, for longer than 3 months, require medical justification for reauthorization.	Diagnosis: (ICD-10 code required) Baby must be intolerant to all therapeutic formulas <i>and</i> mom has a condition preventing breastfeeding.	Medical justification Notes:	CCS referral: Yes No If "Yes," status of referral: Approved CCS-eligible condition:

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Physician signature:

Print physician name:

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Pediatric Referral CALIFORNIA CAL



WIC Agency:			
WIC ID#:			

SECTION I: Complete this section to assist the patient with WIC eligibility, WIC services, and appropriate referrals

PATIENT NAME:									
LANCINI IVAIVIE.	(First)			(Last)				DATE OF BIRTH:	
CURRENT HEIGHT/LENGTH:		CURRENT WEIGHT:		CURRENT BMI:		MEASUREMENT DATE:		BIRTH WEIGHT / LENGTH:	
(within 60 days)	inches	(within 60 days)	lbs oz	(within 60 days) BMI perce	ntile: %			lbs oz	inches
HEMOGLOBIN OR HE	MATOCRI	T FST is required	l every 12 months						
and every 6 months v		•	Levery 12 months	when normal		LEAD TEST (recomm	ended at	t 1–2 years of age): m	cg/dL
						INABALINUZATIONIC ON		lata.	
Hemoglobin (gn	n/dl) <u>or</u> Hem	atocrit (%)	La	b Result Date		IMMUNIZATIONS ar	·		
						Yes No	Not ava	ailable	
BREASTFEEDING ASS	SESSMENT	(birth to 12 mont	:hs):						
Fully breastfeeding	g	Never breastf	ed 🗖	Feeding breastmilk 8	formula	Discontinue	d breastf	feeding (Date:)
SECTION II: Comp	lete ALL t	oxes below w	hen therapeu	tic formula is p	rescribed.	Incomplete inforn	nation i	may delay issuance of WIC	c foods.
DIAGNOSIS:					WIC FOOD	RESTRICTIONS: The p	oatient w	rill receive WIC foods in addition	to the
Prematurity	GERD	or reflux	Food allergy:				all foods	s listed below that are NOT app	opriate
Failure to thrive	Dyspl		Other:		for the dia	gnosis.			
					Category	WIC Foods	Do No	t Restriction / Comment	
FORMULA / MEDICA	L FOOD: _				Infanta	Baby cereal	-		
DUDATION		the ABACHAIT		o= / do.	Infants (6–12 mo)	Baby fruit / vegetable			
DURATION:	111011	INS AMOUNT:		02 / day	Children	Cow's milk			
This prescription is:	□ New	Refill			(1–5 yr)	Cheese			
						Eggs			
NOTE: At 1 year of age	e, the patier	t will receive 13 o	juarts of cow's mi	lk in		Peanut butter			
addition to therapeuti		nless <i>Do Not Give</i>	is checked for co	w's milk		Whole grains *			
(see WIC Food Restric	tions).					Cereal			
COMMENTS						Beans			
COMMENTS:						Vegetables / fruits			
						Juice			
						Yogurt			
					* whole who	eat bread, corn/wheat torti	lla, brown	rice, barley, bulgur, or oatmeal	
HEALTH COVERAG	GE: Refer	patient to the	eir health plan	or Medi-Cal fo	r a medic	ally necessary form	nula or	medical food.	
WIC only provides the	ese produc	ts when they are	NOT a covered b	enefit by the patie	nt's health _l	olan or by Medi-Cal.			
Provide patient's heal	th insuranc	e information:	Check action	taken:	-	ent requires a therap , check ALL boxes be		ormula and does NOT have he t apply:	alth
Drivoto incursos				I	Cave f	ormula samples			
Private insurance:			_ Submi	tted justification		ormula samples			
Medi-Cal managed care:				tted justification Ith plan	Referre	ed to Medi-Cal			
					Referre				
Medi-Cal managed care:			to hea		Referre Referre QUESTION Health Pro	ed to Medi-Cal ed to WIC I S : Call 1-888-942-9675		0-852-5770. <u>s.ca.gov</u> ; click <u>Health Care Prof</u> i	essionals;
Medi-Cal managed care: Other:			to hea	Ith plan	Referre Referre QUESTION Health Pro	ed to Medi-Cal ed to WIC I S: Call 1-888-942-9675 fessionals: Go to <u>www.</u>			essionals;
Medi-Cal managed care: Other:			to hea	Ith plan	Referre Referre QUESTION Health Pro	ed to Medi-Cal ed to WIC I S: Call 1-888-942-9675 fessionals: Go to <u>www.</u>			essionals;
Medi-Cal managed care: Other: Regular Medi-Cal (fee			to hea	Ith plan	Referre Referre QUESTION Health Pro	ed to Medi-Cal ed to WIC I S: Call 1-888-942-9675 fessionals: Go to <u>www.</u>			essionals;
Medi-Cal managed care: Other: Regular Medi-Cal (fee	-for-service): PYes N	to hea	ith plan tted justification rmacist	Referre Referre QUESTION Health Pro	ed to Medi-Cal ed to WIC IS: Call 1-888-942-9675 fessionals: Go to <u>www.</u> WIC contacts for MDs.	wicwork		essionals;
Medi-Cal managed care: Other: Regular Medi-Cal (fee	-for-service): PYes N	to hea	ith plan tted justification rmacist	Referre Referre QUESTION Health Pro	ed to Medi-Cal ed to WIC IS: Call 1-888-942-9675 fessionals: Go to <u>www.</u> WIC contacts for MDs.	wicwork	s.ca.gov; click <u>Health Care Prof</u>	essionals;

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