

Learn How to Improve Your HEDIS Rates for Osteoporosis Management



Use this tip sheet to review key details of the Osteoporosis Management in Women Who Had a Fracture (OMW) measure, best practices and resources.

<p>Measure</p>	<p>Women ages 67–85 who suffered a fracture and had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis in the six months after the fracture.</p> <p>Appropriate testing or treatment for osteoporosis after the fracture defined by any of the following criteria:</p> <ul style="list-style-type: none"> • A BMD test within 6 months/180 days of the fracture, or • Osteoporosis therapy or a dispensed prescription to treat osteoporosis filled within 6 months/180 days of the fracture.
<p>Exclusions</p>	<p>Patients who meet the following criteria:</p> <ul style="list-style-type: none"> • Had BMD test within 24 months preceding the fracture. • Have a fracture of a finger, toe, face, or skull. • Received osteoporosis therapy within the 12 months preceding the fracture. • Received a dispensed prescription or had an active prescription to treat osteoporosis within the 12 months preceding the fracture. • Had another fracture within 60 days preceding the fracture. • Enrolled in an institutional Special Needs Plan (I-SNP) or living long-term in an institution from July 1 of the prior year through the end of the measurement year. • Have advanced illness and frailty from July 1 of the prior year through the end of the measurement year. • In palliative care. • In hospice.
<p>Best practices</p>	<ul style="list-style-type: none"> • Ask patients whether they have had falls or fractures since the last appointment. Address disparities in osteoporosis screening and management in diverse patient populations. • Evaluate women for risk factors that would increase the risk of osteoporosis. Some risk factors include low body weight, excessive alcohol intake, current tobacco use, history of fractures, and use of certain medications. • Refer patients to case management for resources and help with post-fracture. • Set up a BMD screening process to identify patients with fractures: <ul style="list-style-type: none"> – Provide a BMD prescription and urge patients to complete the screening soon. – Make sure the screening site notifies you with results in a timely manner. – Set up a follow-up visit to discuss the results at the patient’s next visit. • Prescribe medication to treat osteoporosis. • Discuss osteoporosis prevention with your patients, such as taking calcium and vitamin D supplements, and taking part in weight-bearing exercises. • Promote evidence-based interventions, such as Fracture Liaison Services (FLS), coordinator-based, secondary fracture prevention services for the systemic identification and treatment of osteoporotic patients.



Often called a silent disease, osteoporosis reduces bone mass through structural deterioration, resulting in compromised bone strength. Osteoporosis is more common in women than in men. One in two women will have an osteoporosis-related fracture in their lifetime.¹

PROVIDER COMMUNICATIONS

(continued)

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¹National Osteoporosis Foundation at www.nof.org/patients/what-is-osteoporosis: What is Osteoporosis and What Causes It.

Codes	Use the appropriate service codes when billing for OMW screenings	
	Bone mineral density tests	CPT code 76977, 77078, 77080-77082, 77085, 77086
		ICD-10-PCS BP48ZZ1, BP49ZZ1, BP4GZZ1, BP4HZZ1, BP4LZZ1, BP4MZZ1, BP4NZZ1, BP4PZZ1, BQ00ZZ1, BQ01ZZ1, BQ03ZZ1, BQ04ZZ1, BRO0ZZ1, BR07ZZ1, BRO9ZZ1, BROGZZ1
Osteoporosis therapy	HCPCS J0897, J1740, J3110, J3489	

Medications	Prescribe the appropriate medications for OMW	
	Description	Medication²
	Bisphosphonates	<ul style="list-style-type: none"> Alendronate Alendronate-cholecalciferol Risedronate Zoledronic acid Ibandronate
Other agents	<ul style="list-style-type: none"> Abaloparatide Denosumab Raloxifene Teriparatide Romosozumab 	

²Not all medications listed are on the 2021 Health Net Drug Formulary. Refer to mmp.healthnetcalifornia.com/mmp/prescription-drug-part-d/formulary.html.

Resources

- Final Recommendation Statement, Osteoporosis to Prevent Fractures: Screening. US Preventive Services Task Force at www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening.
- National Committee for Quality Assurance (NCQA), HEDIS Measurement Year 2020 & Measurement Year 2021, Volume 2: Technical Specifications for Health Plans, 2020.