Effectiveness of Care Measure

Start with Primary Care to Manage High-Risk Opioid Use

Hⁿ **Health Net®**
COMMUNITY SOLUTIONS

Learn how to improve your Health Care Effectiveness Data and Information Set (HEDIS®) rates. Review these quality measures on opioid use and other resources available to you.

Quality measure	Percentage of members ages 18 and older who…			
Use of opioids[1] at high dosage (HDO)	Received prescribed opioids at a high dosage (average milligram morphine equivalent [MME] > 120 mg). Denominator: Two or more prescriptions on different dates of service with ≥ 5 total days covered by opioids during the measurement year (calendar year).[2]			
Use of opioids from multiple providers (UOP) and pharmacies	Received prescribed opioids for ≥ 15 total days during the measurement year (calendar year)[2] from ≥ 4 providers and pharmacies.			
Concurrent use of opioids and benzodiazepines	Had a concurrent use of prescription opioids and benzodiazepines. Beneficiaries with a cancer diagnosis or in hospice are excluded.			
	OPIOIDS		**BENZODIAZEPINES**	
	• Butorphanol • Codeine • Dihydrocodeine • Fentanyl • Hydrocodone • Hydromorphone • Levorphanol • Meperidine	• Methadone • Morphine • Opium • Oxycodone • Oxymorphone • Pentazocine • Tapentadol • Tramadol	• Alprazolam • Chlordiazepoxide • Clobazam • Clonazepam • Clorazepate • Diazepam • Estazolam	• Flurazepam • Lorazepam • Midazolam • Oxazepam • Quazepam • Temazepam • Triazolam
Initiation and engagement of alcohol and other drug treatment (IET)	Had a new episode of alcohol or other drug (AOD) abuse or dependence who received the following (each measurement year, the quality measure collects data on new episodes of AOD abuse and dependence between January 1–November 14 of the calendar year): • Initiation of AOD treatment – Percentage of members who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth, or medication treatment within 14 days of the diagnosis. • Engagement of AOD treatment – Percentage of members who initiated treatment and who had two or more additional AOD services or medication treatment within 30 days of the initiation visit.			

[1]Excluded:
· Members diagnosed with cancer or sickle cell disease.
· The opioid medication list excludes injectables; opioid cough and cold products; and single-agent and combination buprenorphine products used to treat opioid use disorder for medication assisted treatment (buprenorphine sublingual tablets, buprenorphine subcutaneous implant and all buprenorphine/naloxone combination products), and IONSYS® (fentanyl transdermal patch; for inpatient use only and is available only through a restricted program under a Risk Evaluation and Mitigation Strategy [REMS]).

[2]The measurement year is the year data is collected for HEDIS. Example: HEDIS 2020 reporting year reflects services or data collected in the 2019 calendar year and reported in July 2020.

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Resources

Access the provider updates below in the Provider Library. After you log in at **provider.healthnet.com**, scroll to the bottom of the home page and select the Provider Library tile. Or, you can access the Provider Library directly at **providerlibrary.healthnetcalifornia.com.**

Provider update	Distribution date	Update number
Best Practices Prescribing and Managing Opioid Medications	May, 20, 2019	19-244
Patient Education Tips for Opioid Therapy	July 26, 2019	19-432
Improve Treatment of OUD in Pregnancy with These Resources	October 21, 2019	19-817
Refer Members to myStrength: An Additional Resource to Help with OUD and Substance Use	February 4, 2020	20-124

For questions or more information, email the Quality Improvement Department at cqi_dsm@healthnet.com.

Online articles and sites

Title	URL
American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders (DSM-5)	www.psychiatry.org/psychiatrists/practice/dsm/educational-resources
Assessing Benefits and Harms of Opioid Therapy	www.cdc.gov/drugoverdose/pdf/Assessing_Benefits_Harms_of_Opioid_Therapy-a.pdf
Benzodiazepines and Opioids	www.drugabuse.gov/drugs-abuse/opioids/benzodiazepines-opioids
Calculating Total Daily Dose of Opioids for Safer Dosage	www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf
Centers for Disease Control and Prevention (CDC) Guideline for Prescribing Opioids for Chronic Pain	www.cdc.gov/drugoverdose/prescribing/guideline.html
Opioid Oral Morphine Milligram Equivalent (MME) Conversion Factors	www.cms.gov/Medicare/Prescription-DrugCoverage/ PrescriptionDrugCovContra/Downloads/Oral-MME-CFs-vFeb-2018.pdf

Additional information

- **DEA X-Waiver** – Go to the Providers Clinical Support System website at **pcssnow.org.** Attend free online webinars and get your certification.

- **Buprenorphine Waiver** – Get a waiver to prescribe or dispense buprenorphine. To learn more, visit **samhsa.gov/medication-assisted-treatment/training-materials-resources/apply-for-practitioner-waiver.**