

# Build an LGBTQ+ Allied and Experienced Practice

**JOIN THE WEBINAR ONLINE**

## Is your practice providing the highest quality of care for your LGBTQ+ patients?

Lesbian, gay, bisexual, transgender and questioning or queer (LGBTQ+) patients experience health care barriers and disparities based on their gender identity, gender expression and sexual orientation.

- More than 1 in 10 LGBTQ+ patients have experienced mistreatment by a physician or other health care provider.<sup>1</sup>
- 15% of LGBTQ+ Americans report delaying or avoiding medical treatment due to discrimination, stigma, harassment and hate.<sup>1</sup>
- LGBTQ+ patients are more likely to report lack of culturally competent care<sup>2</sup> and substandard care.<sup>3</sup>

Improve the care experience and health outcomes for LGBTQ+ patients by respectfully understanding your patient's gender identity to meet their health needs. Build relationships of trust, consistency and accountability to become an LGBTQ+ ally provider and LGBTQ+ experienced practice.

## What are LGBTQ+ ally providers and LGBTQ+ experienced practices?

Being an LGBTQ+ ally provider means providing non-judgmental patient-centered care. It means respectful affirmation of patients' gender identity. An ally provider promotes LGBTQ+ inclusion across their practice to be recognized by their patients as LGBTQ+ experienced providers of quality care.

An LGBTQ+ allied and experienced practice:

- Allows patients the safety to share their gender identity and sexual orientation.
- Allows patients to feel valued and accepted.
- Encourages member engagement through use of properly documented names and pronouns.
- Helps decrease LGBTQ+ health care disparities by providing the highest quality of care.

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### Register for the webinar

To help understand and meet the needs of your LGBTQ+ patients, attend an upcoming webinar:

Healthcare Barriers in Gender-Diverse Populations

**When:** Tuesday, October 11, 2022, at 11 a.m.

**URL:** Register at <https://bit.ly/3y1Zlj9>

## More resources

Explore the resources below by line of business in the Provider Library. Go to **providerlibrary.healthnetcalifornia.com**, then select *Health Equity, Cultural and Linguistic Resources*.

- LGBTQ+ Patients Improve Quality and Inclusive Care
- Improve Patient Care Through Cultural Awareness
- Culturally Competent Care for Black and Indigenous and People of Color

For more information, refer to these resources online:

Resource	URL
California Department of Public Health	<a href="http://cdph.ca.gov/Programs/CID/DOA/Pages/LGBT_Health.aspx">cdph.ca.gov/Programs/CID/DOA/Pages/LGBT_Health.aspx</a>
California LGBTQ Health and Human Services Network	<a href="http://californialgbtqhealth.org/resources/county-resources">californialgbtqhealth.org/resources/county-resources</a>
Center for Population Research in LGBT Health	<a href="http://fenwayhealth.org/the-fenway-institute">fenwayhealth.org/the-fenway-institute</a>
Centers for Disease Control and Prevention	<a href="http://cdc.gov/lgbthealth/index.htm">cdc.gov/lgbthealth/index.htm</a>
Improving the Healthcare of Lesbian, Gay, Bisexual and Transgender People: Understanding and Eliminating Health Disparities	<a href="http://lgbtagingcenter.org/resources/resource.cfm?r=547">lgbtagingcenter.org/resources/resource.cfm?r=547</a>
National Coalition for LGBTQ Health	<a href="http://healthlgbtq.org">healthlgbtq.org</a>
National LGBTQIA+ Health Education Center	<a href="http://lgbtqiahealtheducation.org">lgbtqiahealtheducation.org</a>
Public Policy Institute of California	<a href="http://ppic.org/blog/californias-lgbt-population">ppic.org/blog/californias-lgbt-population</a>
The Trevor Project	<a href="http://thetrevorproject.org/volunteer/?gclid=EAlaIqObChMI8O3pyuy6-gIV2A6tBh3tzgL4EAAYASAAEgIrGvD_BwE">thetrevorproject.org/volunteer/?gclid=EAlaIqObChMI8O3pyuy6-gIV2A6tBh3tzgL4EAAYASAAEgIrGvD_BwE</a>
UCLA Center for LGBTQ Advocacy, Research & Health	<a href="http://ph.ucla.edu/research/centers/ucla-center-lgbtq-advocacy-research-health">ph.ucla.edu/research/centers/ucla-center-lgbtq-advocacy-research-health</a>

<sup>1</sup> Gruberg S, Mahowald L, Halpin J. The State of the LGBTQ Community in 2020. Center for American Progress October 6, 2020. [www.americanprogress.org/article/state-lgbtq-community-2020](http://www.americanprogress.org/article/state-lgbtq-community-2020).

<sup>2</sup> SAGE. "The Facts on LGBT Aging." (2018) [www.sageusa.org/wp-content/uploads/2018/05/sageusa-the-facts-on-lgbt-aging.pdf](http://www.sageusa.org/wp-content/uploads/2018/05/sageusa-the-facts-on-lgbt-aging.pdf) [PDF]

<sup>3</sup> Jennings L, Barcelos C, McWilliams C, Malecki K. Inequalities in lesbian, gay, bisexual, and transgender (LGBT) health and health care access and utilization in Wisconsin. *Prev Med Rep.* 2019 Apr 1;14:100864. doi: 10.1016/j.pmedr.2019.100864. PMID: 31011518; PMCID: PMC6465572.