

Build an LGBTQ+ Allied and Experienced Practice

JOIN THE WEBINAR ONLINE

Is your practice providing the highest quality of care for your LGBTQ+ patients?

Lesbian, gay, bisexual, transgender and questioning or queer (LGBTQ+) patients experience health care barriers and disparities based on their gender identity, gender expression and sexual orientation.

- More than 1 in 10 LGBTQ+ patients have experienced mistreatment by a physician or other health care provider.¹
- 15% of LGBTQ+ Americans report delaying or avoiding medical treatment due to discrimination, stigma, harassment and hate.¹
- LGBTQ+ patients are more likely to report lack of culturally competent care² and substandard care.³

Improve the care experience and health outcomes for LGBTQ+ patients by respectfully understanding your patient's gender identity to meet their health needs. Build relationships of trust, consistency and accountability to become an LGBTQ+ ally provider and LGBTQ+ experienced practice.

What are LGBTQ+ ally providers and LGBTQ+ experienced practices?

Being an LGBTQ+ ally provider means providing non-judgmental patient-centered care. It means respectful affirmation of patients' gender identity. An ally provider promotes LGBTQ+ inclusion across their practice to be recognized by their patients as LGBTQ+ experienced providers of quality care.

An LGBTQ+ allied and experienced practice:

- Allows patients the safety to share their gender identity and sexual orientation.
- Allows patients to feel valued and accepted.
- Encourages member engagement through use of properly documented names and pronouns.
- Helps decrease LGBTQ+ health care disparities by providing the highest quality of care.

continued



Register for the webinar

To help understand and meet the needs of your LGBTQ+ patients, attend an upcoming webinar:

Healthcare Barriers in Gender-Diverse Populations

When: Tuesday, October 11, 2022, at 11 a.m.

URL: Register at <https://bit.ly/3y1Zlj9>

More resources

Explore the resources below by line of business in the Provider Library. Go to **providerlibrary.healthnetcalifornia.com**, then select *Health Equity, Cultural and Linguistic Resources*.

- LGBTQ+ Patients Improve Quality and Inclusive Care
- Improve Patient Care Through Cultural Awareness
- Culturally Competent Care for Black and Indigenous and People of Color

For more information, refer to these resources online:

Resource	URL
California Department of Public Health	cdph.ca.gov/Programs/CID/DOA/Pages/LGBT_Health.aspx
California LGBTQ Health and Human Services Network	californialgbtqhealth.org/resources/county-resources
Center for Population Research in LGBT Health	fenwayhealth.org/the-fenway-institute
Centers for Disease Control and Prevention	cdc.gov/lgbthealth/index.htm
Improving the Healthcare of Lesbian, Gay, Bisexual and Transgender People: Understanding and Eliminating Health Disparities	lgbtagingcenter.org/resources/resource.cfm?r=547
National Coalition for LGBTQ Health	healthlgbtq.org
National LGBTQIA+ Health Education Center	lgbtqiahealtheducation.org
Public Policy Institute of California	ppic.org/blog/californias-lgbt-population
The Trevor Project	thetrevorproject.org/volunteer/?gclid=EAIaIQobChMI8O3pyuy6-gIV2A6tBh3tzgL4EAAYASAAEgIrGvD_BwE
UCLA Center for LGBTQ Advocacy, Research & Health	ph.ucla.edu/research/centers/ucla-center-lgbtq-advocacy-research-health

¹ Gruberg S, Mahowald L, Halpin J. The State of the LGBTQ Community in 2020. Center for American Progress October 6, 2020. www.americanprogress.org/article/state-lgbtq-community-2020.

² SAGE. "The Facts on LGBT Aging." (2018) www.sageusa.org/wp-content/uploads/2018/05/sageusa-the-facts-on-lgbt-aging.pdf [PDF]

³ Jennings L, Barcelos C, McWilliams C, Malecki K. Inequalities in lesbian, gay, bisexual, and transgender (LGBT) health and health care access and utilization in Wisconsin. *Prev Med Rep*. 2019 Apr 1;14:100864. doi: 10.1016/j.pmedr.2019.100864. PMID: 31011518; PMCID: PMC6465572.