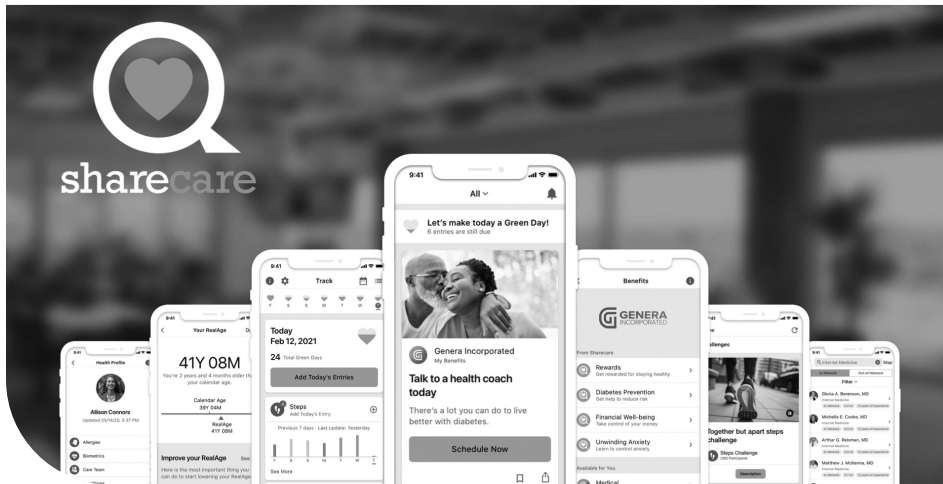


Sharecare: Enhanced Wellness Platform Supports Providers and Members

Refer Wellcare By Health Net (Health Net*) Medicare members to the new platform's wellness resources as of January 1, 2022.

Check out Sharecare's robust features!



Sharecare will engage, motivate and educate Wellcare By Health Net members every step of their wellness journey. Sharecare wellness offerings will be similar to what we offer now to members but with many enhancements.

Sharecare can help you close gaps in care and reduce risk. It's also a prime referral resource that offers members a wide range of personalized services. These include:

- **RealAge Test** (health assessment)
- **Lifestyle Management** (health coaching)
- **RealAge Program**, an online learning module Program
- **Digital health coaching** via Lessons
- **Online Healthy Challenges**
- **Green day tracker** to reward daily health behaviors
- **Personal health profile**
- **Symptom checker**
- **Wellness tools and resources**
- **Community support**

(continued)



Sign up today!

Providers can access Sharecare by visiting www.Sharecare.com and downloading the Sharecare app.

Beginning in January 2022, members can access the new wellness platform by visiting www.healthnet.com or healthnet.sharecare.com, and downloading the Sharecare app. For more help, members can call **Decision Power[®]** at **800-893-5597** or **Sharecare** at **855-430-5272**.¹

¹The Sharecare phone number will go live in January 2022.

Why the change?

Wellcare By Health Net has signed on with Sharecare to provide its Decision Power enhanced wellness program to our members. Wellcare By Health Net's current wellness vendor is sunsetting their wellness platform at the end of 2021.

It's flexible and portable!

Sharecare supports both browser/desktop functionality and an app-based platform. Functionality is the same for both. Users can select a language preference.

View the member's health information easily on the Personal Health Profile

The member's personal health profile will show the member's care team information, medical conditions, immunizations, medications and procedures.

The Health Profile is a **central location for members** to access health-related information. It includes a history of all biometrics data from verified clinical sources for a longitudinal view of their progress.

Sharecare can ingest medical and pharmacy claims data, which populates the member's personal health profile. Sharecare can also upload data through a physician form. In addition, members can self-report and upload data manually.

If a member receives a biometric screening from a vendor after completing their RealAge test, screening results populate and override self-reported data.

Enhancements

The following features include some of the many enhancements:

RealAge Test (health assessment)

As part of the on-boarding process to the platform, each member receives a RealAge score, RealAge tips and a RealAge report instantly upon completion of the RealAge test. The RealAge provides the "aha" moment for the member on their health risks, while providing valuable insights to begin digital coaching with the member. Members will see:

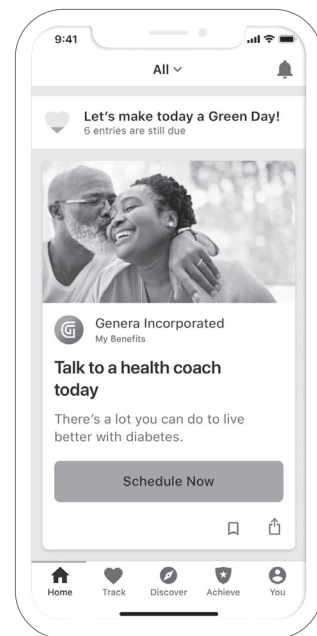
- **RealAge (physical age).** A dynamic measure of how behaviors, conditions, mental wellness, finances and social interactions impact actual calendar age.
- **Reasons for their RealAge measure.** They'll know what's making them older, younger or keeping them the same age – along with specific, actionable suggestions on how to mitigate factors making them older.
- **RealAge report.** Printable report with RealAge score and history, biometrics history, recommendations and additional resources for improving their well-being. The report is in the user's health profile. It is not automatically sent to a primary care physician, but users can print or share these results with their doctor.

Health coaching

Sharecare's high-touch Lifestyle Management coaching program received National Committee for Quality Assurance accreditation in eight areas of health:

- Healthy weight.
- Smoking/tobacco use.
- Encouraging physical activity.
- Healthy eating.
- Managing stress.
- At-risk drinking.
- Identifying depressive symptoms.
- Clinical preventive services.

Sharecare's coaching is available through mobile, web, telephone, online chat and secure messaging via the platform, similar to SMS text.



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Lessons

Sharecare's coach-directed lessons serve as a framework connecting their high-touch coaching and their high-tech platform. They deliver a personalized and engaging experience that supports members in achieving health goals.

Sharecare's lessons consist of multiple programs related to stress, smoking cessation, as well as other lifestyle and disease management conditions. As coaches carry out appropriate calls with members, they will understand the member's situation and choose an appropriate lesson for the member.

Health challenges

Sharecare offers a comprehensive array of 580+ challenges in their library. Programs, activities and challenges can be team-based, individual, a combination of both or peer-to-peer. A challenge can tailor the name, description and tracked activities to address a wide spectrum of well-being needs, interests and objectives.

Green day trackers

Green day trackers are game-like daily challenges that link a member's trackers to their RealAge. They are at **the heart of the Sharecare platform** and serve as one of the more common challenges.

Sharecare uses each person's RealAge and uses proprietary technology and engagement data to track 13 key health indicators. Each factor gets a daily rating using a five-point color scale from green to red. The rating makes it easy for members to understand their real-time health status.

When eight factors are "green," the member earns a green day. This game-like modality celebrates progress every step of the way and couples the RealAge score. The daily tracking of green days creates a dynamic currency that can link to a range of engagement activities, including rewards and incentives.

Community

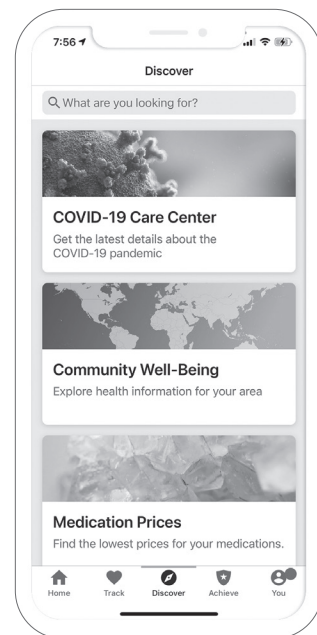
Sharecare applies a base understanding for each member based on where they live by using the data from the platform's Community Well-Being Index. The index focuses on how health goes beyond genetics, lifestyle choices and even social factors. It factors in how environments and social determinants of health impact access to health resources, readiness to change and overall health risk.

A zip code can have pros and cons that affect a member's access to health resources, readiness to change and overall health risk.

For example, if a member is at risk for diabetes while living in a food desert, Sharecare can introduce partner solutions to support healthy food options.

Digital health content

Sharecare established relationships with 165 organizations, such as the Centers for Disease Control and Prevention, and the American Diabetes Association, and built a content library. The library contains a rich array of physical, emotional, social, financial health and clinical materials, including articles and videos. Sharecare presents them to the user based on the platform's learning of each user's needs.



Health Net members have access to Decision Power® through their current enrollment with Health Net of California, Inc., Health Net Community Solutions, Inc. and Health Net Life Insurance Company. Decision Power services, including clinicians, are additional resources that Health Net makes available to enrollees of the above listed Health Net companies. Decision Power is not affiliated with Health Net's provider network. Decision Power is not part of Health Net's commercial medical benefit plans and it may be revised or withdrawn without notice. However, Decision Power is part of Health Net's Medicare Advantage benefit plans for the plan year. Health Net and Decision Power are registered service marks of Health Net, LLC. All rights reserved.

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