

Health Education Materials for Health Net Medi-Cal & Dental Members



Providers may fax requests to 1-800-628-2704. For questions call 1-800-804-6074.

Provider information—please print clearly	
Provider/clinic/organization name:	Contact name:
Address:	
County:	Telephone:
<ul style="list-style-type: none"> • 50 copies of materials will be sent for each topic ordered. A maximum of 5 topics may be ordered each month. • Please allow 4–6 weeks for processing and delivery. For larger orders call 1-800-804-6074. 	

Select requested topics and languages

Topics	Language(s) ¹	Topics	Language(s) ¹
Advance Directive		Lead poisoning	
Asthma		Low back pain	
Breastfeeding basics		Lung disease	
Bipolar disorder		Migraine headaches	
Breast cancer screening		Nutrition	
Cervical cancer screening		Pain control	
Carotid artery disease (CAD)		Pregnancy	
Cold – self care		Preventive screening guidelines	
Chronic obstructive pulmonary disease (COPD)		Respiratory infection (RSV)	
Dementia		Schizophrenia	
Dental – tips for healthy teeth		Smoking cessation tips	
Depression		Smoking Cessation Program – California Smokers’ Helpline	
Diabetes – tips to control diabetes		Staying Healthy Assessment (SHA) Forms ²	
Exercise		Stress management	
Family planning – birth control options		Substance abuse	
Flu		Trauma brain injury	
Heart health		Tension headaches	
Heart failure		Tuberculosis	
Health Net’s Health Education Programs		Urinary tract infections (UTI)	
Hypertension		Vertigo – staying safe	
Initial health assessment/nurse advice line		Weight control	
Kidney failure		Weight control – Fit Families for Life Program	
List any additional topic that you need		Language(s)¹	

¹All topics are available in English and Spanish. Some topics are also available in Arabic (Ar), Armenian (Am), Khmer (K), Farsi (F), Hmong (H), Chinese (C), Korean (Ko), Vietnamese (V), Russian (R), and Tagalog (T). Alternative formats may be available upon request.

²Staying Healthy Assessment (SHA) forms: One complete set of SHA forms will be sent for each language ordered. Forms can also be downloaded at <http://www.dhcs.ca.gov/formsandpubs/forms/Pages/StayingHealthy.aspx>.

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