# **PROVIDER***Update*

REGULATORY | JULY 19, 2019 | UPDATE 19-564 | 3 PAGES

## Language Assistance Program and Cultural Competency Services

## Meet members' language needs with the Language Assistance Program (LAP)

You can request free interpreter services for your Health Net\* patients:

- Contact Health Net Member Services at the telephone number on the member's identification (ID) card or by calling the Health Net Provider Services Center at 1-800-675-6110. For after-hours select member option.
- Send the request as soon as the appointment is made, but not less than five business days before the appointment.
- Use telephone interpreter services for same day appointments or when an in person interpreter is not available.

#### LAP makes it easy for you to follow requirements

Health Net has LAP to support members that have limited English proficiency (LEP), are deaf or have hearing impairments.

Our language assistance program asks contracted providers to adhere to the following:

Language assistance service or document	Explanation
Qualified interpreter services that comply with California requirements	In-person or telephone interpreters are available. Telephone interpreters are available in more than 150 languages 24/7 at no cost. Use of telephone interpreters does not require advanced notice. Interpreters can offer insights on common cultural communication issues. We also provide guidance on compliance with state requirements for the use of bilingual staff.
Sign language services	American Sign Language (ASL), Pidgin Signed English (PSE) and Signed Exact English (SEE) interpreters are abailable.
Medical record documentation	Document the member's language preference (including English) and the refusal or use of interpreter services in the member's medical record.

#### FOR ALL PROVIDERS



### THIS UPDATE APPLIES TO **CALIFORNIA** PROVIDERS:

#### Physicians

- Participating Physician Groups
- O Hospitals
- Ancillary Providers

#### LINES OF BUSINESS:

- HMO/POS/HSP
- PPO
- EPO
- Medicare Advantage (HMO)
- Medi-Cal
  - Kern
  - Los Angeles
  - Molina
  - Riverside
  - Sacramento
  - San Bernardino
  - San Diego
  - San Joaquin
  - Stanislaus
  - Tulare

PROVIDER SERVICES provider\_services@healthnet.com 1-800-675-6110

provider.healthnet.com

PROVIDER COMMUNICATIONS provider.communications@ healthnet.com

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Language assistance service or document	Explanation
Member complaint/grievance forms	Provide translated member grievance forms (available in the Provider Library under <i>Forms &gt; Member Grievance Form</i> ) to members upon request.

#### FOR PPGS ONLY

Language assistance service or document	Explanation
Independent Medical Review (IMR) application	Locate translated IMR applications on the Department of Managed Health Care (DMHC) website at www.dmhc.ca.gov and provide to members upon request.
Taglines and nondiscrimination notice	Include a Health Net-specific tagline and nondiscrimination notice (available in the Provider Library under <i>Forms &gt; Nondiscrimination Notice and Taglines</i> ) with information sent to members.
Translation services	Utilization management (UM) or case management (CM) materials must be made available to members that have a preferred language or format listed on the Health Net eligibility file. If a member asks for a translation or another format of UM or CM materials the provider must refer the member to the Health Net Member Services telephone number on the member's ID card. When Member Services receives the request, Health Net will request the document from the participating physician group (PPG). The PPG must send the document within 48 hours. Refer to the threshold languages below.

#### Be sure your language services meet standards

Interpreter services must be provided to LEP Health Net members. Health Net does not delegate the provision of interpreter services to providers. We encourage you to use the interpreters available from Health Net.

Language services requirements	Prohibited language service practices	
<ul> <li>Make sure that interpreters are available at no cost to members at the time of the appointment.</li> </ul>	<ul> <li>Use of minor or attending adult to interpret or help communication, except:</li> </ul>	
<ul> <li>Make sure that LEP members are not subject to unreasonable delays in the delivery of services, including accessing providers after hours.</li> </ul>	<ul> <li>In an emergency where a qualified interpreter for the LEP person is not available right away. You must note the emergency in the member's medical record.</li> </ul>	
<ul> <li>Extend the same program and activity to all members regardless of language preference.</li> </ul>	A parent cannot give permission for a minor child to interpret in any other circumstance.	
<ul> <li>Provide services to LEP members that are as effective as those provided to non-LEP members.</li> </ul>	<ul> <li>When the LEP person specifically asks that the attending adult interpret, that adult agrees to provide such assistance, and reliance on that adult is</li> </ul>	
<ul> <li>Record the member's language needs, request or refusal of interpreter services, in the member's medical record.</li> </ul>	appropriate for the circumstances. Please document in the member's medical record the circumstances that resulted in the use of an attending adult as an	
<ul> <li>Send requests for an alternate format or translation for UM documents to Health Net within 48 hours of request from member.</li> </ul>	<ul><li>interpreter.</li><li>To ask or require any one to bring their own interpreter.</li></ul>	
<ul> <li>Use qualified bilingual staff or interpreters to communicate with LEP members.</li> <li>Provide translated member grievance forms to members upon request.</li> </ul>	<ul> <li>To rely on staff other than qualified bilingual/multilingual staff to communicate directly with LEP persons.</li> </ul>	
	<ul> <li>Delaying the appointment time due to availability of interpreter services.</li> </ul>	

Members have the right to file a grievance with Health Net and to file a discrimination complaint with the Office of Civil Rights if their language needs are not met. Health Net's LAP complies the Health Care Language Assistance Regulations.

#### Threshold languages information for delegated PPGs

Threshold languages for members are:

- Kern, San Joaquin, Stanislaus, and Tulare counties: Spanish
- Los Angeles County: Arabic, Armenian, Cambodian, Chinese, Farsi, Korean, Russian, Spanish, Tagalog, and Vietnamese
- Sacramento County: Arabic, Chinese, Hmong, Russian, Spanish, and Vietnamese
- San Diego County: Arabic, Spanish, Tagalog, and Vietnamese

#### Get materials in threshold languages

PPGs have access to members' preferred spoken and written languages through the Health Net Eligibility Report. Individual and ancillary providers can get members' language preferences by contacting the Health Net Provider Services Center.

UM or CM delegated provider groups may send any member information that needs translation or alternate formats to the member's threshold language format to Health Net at provider\_services@healthnet.com. We cannot accept scanned or faxed documents. Be sure to follow these directions for materials sent for translation or alternate format:

- Send the material in a Word or unlocked PDF format.
- Care plans must be sent with proof that the document is at 6th grade reading level or below.
- The PPG must send the member's name, member ID, the document requested, and the member's address to Health Net.

#### Remember to take the cultural competency training

All Health Net participating providers must take cultural competency training. We suggest that you take the training offered by the Office of Minority Health (OMH). The training is computer-based training (CBT) for health care providers. OMH developed this no-cost training to give providers competencies to better treat an increasingly diverse population. The training is available at https://cccm.thinkculturalhealth.hhs.gov. Additionally, Health Net's Cultural and Linguistics (C&L) Department can customize cultural competency training to meet your needs. Health Net does not sponsor the OMH training.

The provider directory indicates a "Y" if the provider has completed two hours of cultural competency training within the last 24 months. Notify Health Net by email after completing the training at PSOps@healthnet.com. Include your practitioner's name, a certificate of completion, the National Provider Identifier (NPI), and a statement that you have completed the training.

#### Provide race and ethnicity if you choose

Consider giving Health Net your race or ethnicity information. This information is voluntary and is used for health disparity reduction efforts. You can provide this information on the Quarterly Active Physician Listing Report on Health Net's provider portal at provider.healthnet.com and select *Provider Reports > Available Reports > Administrative > Active Physicians Listing*.

For more information about interpreter services, cross-cultural communication and health literacy, or to schedule training, refer to these resources:

Resource	Location
Non-English language identification poster	Provider Library under Forms > Language Identification Poster.
Industry Collaboration Effort (ICE): Provider Tools to Care for Diverse Populations	Provider Library under Operations Manuals > Quality Improvement > Language Assistance Program and Cultural Competency.
Free Interpreter Services reference sheet	Provider Library under Forms > Free Interpreter Services
Interpreter services contact information	Provider Library under Contacts > Access to Interpreter Services.
Cultural and Linguistic Department	cultural.and.linguistic.services@healthnet.com 1-800-977-6750