

PROVIDER Update

REGULATORY | MARCH 22, 2019 | UPDATE 19-240 | 1 PAGE



AB 2193 Requires Maternal Mental Health Screening

Applies to licensed practitioners who provide prenatal or postpartum care

Beginning July 1, 2019, Assembly Bill (AB) 2193 requires licensed health care practitioners who provide prenatal or postpartum care for a patient to screen or offer to screen mothers for maternal mental health conditions.

Providers serving Health Net Cal MediConnect Plan (Medicare-Medicaid Plan) enrollees can use one of the following screening tools:

- Patient Health Questionnaire-2 (PHQ-2)
- Patient Health Questionnaire-9 (PHQ-9)
- Edinburgh Postnatal Depression Scale

You can refer enrollees with a positive screen to Health Net's Case Management Department for further assistance with the enrollee's mental health needs. Send referrals to CASHP.ACM.CMA@healthnet.com or by fax to 1-866-581-0540.

PREGNANCY PROGRAM

AB 2193 also requires health care service plans and health insurers to develop a maternal mental health program. The program must be consistent with sound clinical principles and processes.

Health Net* offers a pregnancy program to pregnant Cal MediConnect enrollees. The program provides customized support and care needed for a healthy pregnancy and baby. It helps pregnant enrollees access medical care, educates them about their health care needs and assists with social needs and concerns. The program uses the Edinburgh Postnatal Depression Scale to assess for mental health needs of pregnant enrollees and facilitates referrals to a mental health specialist as needed.

Refer enrollees to the pregnancy program by contacting the Case Management Department at CASHP.ACM.CMA@healthnet.com or by fax at 1-866-581-0540.

ADDITIONAL INFORMATION

Relevant sections of Health Net's provider operations manuals have been revised to reflect the information contained in this update as applicable. Provider operations manuals are available electronically in the Provider Library, located on Health Net's provider website at provider.healthnet.com.

If you have questions regarding the information contained in this update, contact the Health Net Provider Services Center by email at provider_services@healthnet.com within

THIS UPDATE APPLIES TO
CAL MEDICONNECT PROVIDERS:

- Physicians
- Participating Physician Groups
- Hospitals
- Ancillary Providers

PROVIDER SERVICES

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PROVIDER COMMUNICATIONS

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60 days, by telephone or through the Health Net provider website as listed in the right-hand column.