

PROVIDER Update



REGULATORY

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UPDATE 19-239

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AB 2193 Requires Maternal Mental Health Screening

Applies to licensed practitioners who provide prenatal or postpartum care

Beginning July 1, 2019, Assembly Bill (AB) 2193 requires licensed health care practitioners who provide prenatal or postpartum care for a patient to screen or offer to screen mothers for maternal mental health conditions.

Providers serving CalViva Health members can use one of the following screening tools:

- Patient Health Questionnaire-2 (PHQ-2)
- Patient Health Questionnaire-9 (PHQ-9)
- Edinburgh Postnatal Depression Scale

You can refer members with a positive screen to the Case Management Department for further assistance with the member's mental health needs. Send referrals to CASHP.ACM.CMA@healthnet.com or by fax to 1-866-581-0540.

PREGNANCY PROGRAM

AB 2193 also requires health care service plans and health insurers to develop a maternal mental health program. The program must be consistent with sound clinical principles and processes.

Health Net,* on behalf of CalViva Health, offers a pregnancy program to pregnant Medi-Cal members. The program provides customized support and care needed for a healthy pregnancy and baby. It helps pregnant members access medical care, educates them about their health care needs and assists with social needs and concerns. The program uses the Edinburgh Postnatal Depression Scale to assess for mental health needs of pregnant members and facilitates referrals to a mental health specialist as needed.

Refer members to the pregnancy program by contacting the Case Management Department at CASHP.ACM.CMA@healthnet.com or by fax at 1-866-581-0540.

ADDITIONAL INFORMATION

Relevant sections of the provider operations manuals have been revised to reflect the information contained in this update as applicable. Provider operations manuals are available electronically in the Provider Library, located on the provider website at provider.healthnet.com. Providers are encouraged to access the provider portal online at provider.healthnet.com for real-time information, including eligibility verification, claims status, prior authorization status, plan summaries, and more.

If you have questions regarding the information contained in this update, contact CalViva Health at 1-888-893-1569.

THIS UPDATE APPLIES TO
MEDI-CAL PROVIDERS:

- Physicians
- Participating Physician Groups
- Hospitals
- Ancillary Providers

PROVIDER SERVICES

1-888-893-1569

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