

PROVIDER Update



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Fit Families for Life – *Be in Charge!*SM Weight Control Program Update

Home Edition program resource still available under Fit Families for Life

As of January 1, 2019, CalViva Health's pediatric Coaching program and the Breastfeeding and Nutrition Support Line are no longer resources under Fit Families for Life – *Be in Charge!*SM. Members referred to these programs will automatically be connected with the Home Edition program resource.

THE HOME EDITION PROGRAM

This is a five-week, home-based family intervention program. It guides members to make better food choices and increase physical activity.

The program offers a:

- Cookbook
- DVD – includes nutrition education and easy-to-follow exercise sections. The exercises are designed for different levels of physical activity.
- Exercise stretch band
- Workbook

The DVD is available in –

- ✓ English
- ✓ Sign language
- ✓ Spanish
- ✓ Closed captioning

REFERRALS

Refer members to the Home Edition program using the current provider referral form until further notice. The form is available in the Provider Library under *Forms > Fit Families for Life – Be in Charge – Program Referral Form*.

Contact the Health Education Department at 1-800-804-6074 for more information.

ADDITIONAL INFORMATION

Providers are encouraged to access the provider portal online at provider.healthnet.com for real-time information, including eligibility verification, claims status, prior authorization status, plan summaries, and more.

If you have questions regarding the information contained in this update, contact CalViva Health at 1-888-893-1569.

THIS UPDATE APPLIES TO
MEDI-CAL PROVIDERS:

- Physicians
- Participating Physician Groups
- Hospitals
- Ancillary Providers

PROVIDER SERVICES

1-888-893-1569
www.healthnet.com