



Fit Families for Life – *Be in Charge!*SM Weight Control Program Update

Home Edition program resource still available under Fit Families for Life

As of January 1, 2019, Health Net's* pediatric Coaching program is no longer a resource under Fit Families for Life – *Be in Charge!*SM. Members referred to this program will automatically be connected with the Home Edition program resource.

THE HOME EDITION PROGRAM

This is a five-week, home-based family intervention program. It guides members to make better food choices and increase physical activity.

The program offers a:

- Cookbook
- DVD – includes nutrition education and easy-to-follow exercise sections. The exercises are designed for different levels of physical activity.
- Exercise stretch band
- Workbook

The DVD is available in –

- ✓ English
- ✓ Spanish
- ✓ Sign language
- ✓ Closed captioning

REFERRALS

Refer members to the Home Edition program using the current provider referral form until further notice. The form is available in the Provider Library under *Forms > Fit Families for Life – Be in Charge – Program Referral Form*.

Contact the Health Net Health Education Department at 1-800-804-6074 for more information.

ADDITIONAL INFORMATION

Providers are encouraged to access the provider portal online at provider.healthnet.com for real-time information, including eligibility verification, claims status, prior authorization status, plan summaries, and more.

If you have questions regarding the information contained in this update, contact the Health Net Medi-Cal Provider Services Center within 60 days at 1-800-675-6110.

THIS UPDATE APPLIES TO CALIFORNIA PROVIDERS:

- Physicians
- Participating Physician Groups
- Hospitals
- Ancillary Providers

LINES OF BUSINESS:

- HMO/POS/HSP
- PPO
- EPO
- Medicare Advantage (HMO)
- Medi-Cal
 - Kern
 - Los Angeles
 - Molina
 - Riverside
 - Sacramento
 - San Bernardino
 - San Diego
 - San Joaquin
 - Stanislaus
 - Tulare

PROVIDER SERVICES

1-800-675-6110
provider.healthnet.com

PROVIDER COMMUNICATIONS

provider.communications@healthnet.com

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