



Serogroup B Meningococcal Outbreak at San Diego State University

Vaccines are urged for high-risk members starting at age 10 and at-risk members ages 16–23 during this outbreak

On September 28, 2018, the County Health and Human Services Agency announced that the San Diego County public health officer has determined there is an outbreak of serogroup B meningococcal disease on the San Diego State University (SDSU) campus, among undergraduate students.

Meningococcal serogroup B (MenB) vaccine is recommended routinely for people ages 10 or older who are at increased risk for serogroup B meningococcal infections, including anyone:

- At risk during an outbreak of MenB disease.
- Whose spleen is damaged or has been removed (functional or anatomic asplenia), including those with sickle cell disease.
- With persistent complement component deficiency, a rare immune system condition.
- Taking a drug called eculizumab (also called Soliris®).
- Routinely exposed to isolates of *Neisseria meningitidis*.

MenB vaccine may also be given to anyone age 16 through 23 to provide short-term protection against most strains of MenB disease; ages 16 through 18 are the preferred ages for vaccination.

The following two MenB vaccines are licensed by the U.S. Food and Drug Administration (FDA) and have their own schedules:

- Bexsero® is given as a two-dose series, with the interval between doses at least one month apart.
- Trumenba® is currently recommended as:
 - Three-dose series – initial dose, subsequent doses one to two months and six months apart for those at increased risk of MenB disease.
 - Two doses at least six months apart for healthy persons ages 16 through 23 who are not at increased risk for MenB disease.

The same vaccine brand should be used for all doses in a series.

ADDITIONAL INFORMATION

Additional information about the outbreak and MenB is available at:

- CountyNewsCenter.com/third-meningococcal-case-at-sdsu-county-declares-outbreak/
- <http://eziz.org/assets/docs/IMM-1235.pdf>

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