Health Net's Community Resource Center



5047 East Whittier Blvd, Los Angeles, CA 90022 • (323) 415-9120 or 1-877-698-7662 Monday – Friday, 8:00 a.m. – 4:30 p.m.

Located in the heart of East Los Angeles, the Community Resource Center is open to both Health Net and non-Health Net members offering free local services and activities designed to support healthier lives.

Activities, educational resources and support

The center offers a variety of free activities and resources for the entire community, including:

- Enrollment advice and assistance for Cal MediConnect (Medicare-Medicaid Plan).
- Health education workshops and wellness events (Diabetes Empowerment Program, child passenger safety, healthy cooking classes, and managing high blood pressure).
- Referrals to community programs and resources (housing assistance, food banks and shelters).
- Fitness classes (Zumba and Sit-Fit Fitness low impact for adults).
- Social activities (knitting club, arts and crafts, and haircuts for seniors).

Services

Community resource liaisons are ready to assist walk-in customers and callers with inquiries about the Health Net Community Solutions, Inc. (Health Net) plans and products, including:

- Billing inquiries and accepting insurance premium payments.
- · Changing PCPs.
- Connecting members to disease management, case management and other member programs.
- Filling out Medi-Cal redetermination paperwork.
- Reading and explaining a health plan and/or provider correspondence.

- Requests for new identification cards.
- Scheduling doctor's appointments.
- Setting up transportation and/or interpreter services.
- Understanding their health care benefits.

Check out the center online

To learn more about the center, Health Net members can log in to Health Net's website at **www.healthnet.com** and select *Wellness Center > Community Resource Center*. The general public can also access more information by typing Health Net Community Resource Center in an Internet web browser and selecting the website with the same name.

A monthly Calendar of Events is packed full of daily activities and is also posted on the website in both English and Spanish.

Community Partners

- AltaMed Health Services
- Alzheimer's Association
- Best of East Los Angeles (BSELA)
- Braille Institute
- Breathe L.A.
- Children's Hospital Los Angeles
- East L.A. Chamber of Commerce
- East L.A. Women's Center
- Health Care Partners
- InnerCity Struggle
- Los Angeles County Department of Mental Health

- Los Angeles County
 Department of Public Social Services
- Monterey Park Hospital
- Personal Assistance Services (PASC)-IHSS Program
- Planned Parenthood
- Proyecto Pastoral
- Regal Medical Group
- Women, Infants & Children Program (WIC)